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Publications mail agreement # 40063862

Tuesday, June 25, 2013

Firefighters control landfill blaze



The Dysart firefighters work to put out a fire at the Haliburton landfill on Thursday, June 20. Just before 5 p.m., the fire department was called and responded. Their concern was toxic fumes from plastics. The fire was well under control soon after responding.
Darren Lum Staff

Officers honoured for saving life

Darren Lum
Staff reporter

You wouldn't know they saved a life.
It's not in them to boast.
When it happened, they were just doing their
job, they say.

Haliburton Highlands Ontario Provincial Police constables Sean Hawley and Stuart Humphries would never have made a big deal about it if it wasn't for their acting sergeant Pete Backus, who submitted their names for the Commissioner's Citation for Lifesaving.

Last spring in the middle of the night, when the temperature was below -20°C, a call came

in to dispatch about a man under the influence of alcohol and "pills" who had left in a vehicle. A scenario that left the two police officers worried for the man and the public's safety.

Humphries was the first on the scene. Finding the man at the railing of the Gull River bridge in

see OFFICERS page 3



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Fresh start for market

Angelica Blenich
Staff reporter

The Haliburton County Farmers' Market was off to a fresh start on June 18, opening its summer season in Head Lake Park.

From 1 to 5 p.m. more than 25 vendors were set up along the park's pathway, offering fresh produce, such as Ontario strawberries, asparagus, radishes and sugar snap peas.

Other local items such as maple syrup, cheese and lamb were also available.

A hum of excitement buzzed throughout the market as customers perused the items.

Market manager Karen Sloan was thrilled with the turnout and was anticipating a great season ahead.

"I'm so thrilled that we're here and that it's [the market] finally here," said Sloan.

There are 29 vendors signed up for the summer, said Sloan.

The market will run every Tuesday in Haliburton from 1 to 5 p.m. and in Carnarvon on Fridays from 1 to 5 p.m.

Opening day festivities included live music provided by Algonquin Brass and a ribbon cutting ceremony with members of Dysart municipal council and the Haliburton County Farmers' Market Association.

Reeve Murray Fearrey encouraged everyone to "shop their hearts out."

Vendors such as Cyndi Leahy from McLean Berry Farm, located in Lakefield, were all smiles as the sun shone down on the inaugural day of the market.

"It's great coming here, I feel like I'm on vacation," said Leahy as she helped a customer.

The Carnarvon market is scheduled to run from June 21 until the Thanksgiving weekend, while the Haliburton market is scheduled to run until Labour Day, however, is subject to change based on interest from vendors.

For more information on the market visit www.haliburtoncountymarket.wordpress.com.



Angelica Blenich Staff

Cyndi Leahy, right, of McLean Berry Farm picks out some fresh asparagus for a customer at the Haliburton County Farmers' Market's first day on June 18 in Head Lake Park. The market will be in Haliburton Village every Tuesday from 1 to 5 p.m. for the duration of the summer and in Carnarvon every Friday from 1 to 5 p.m. from now until Thanksgiving.



Pedestrian struck by car

Emergency crews attend to a Haliburton County roads worker on June 24 at about noon after he was struck by a vehicle on County Road 21. The accident happened near Hilltop Road. It was unclear what condition of the pedestrian was at press time.

Angelica Blenich
Staff

Relay raises \$92,000 for cancer society

Down from last year, the Relay for Life of Haliburton County is still being considered a success.

This year's event had 29 teams, 10 less than last year. It still managed to raise more than \$92,000.

Although it was down from the \$140,522 raised last year, the event organizer Aggie Tose wants this county to be

proud of their effort.

"But in these times and so much fundraising rightfully for Minden flood, I feel this is a complete success for Relay for Life 2013," she wrote in a text message.

Darren Lum, Staff

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Tuesday, June 25, 2013

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Officers in right place at right time

from page 3

Minden, leaning out over the waterways, he said. It was “dumb luck that I was going over the bridge when I did.”

This was a large man, who outweighs Humphries, who is six-feet tall and under 200 pounds, by close to 100 pounds.

After radioing in about locating the man, he called out to the man who was unresponsive.

He knew help was needed to pull the man from the ledge.

“I knew my partner Sean was in town not far,” he said.

When he heard the sound of the approaching Crown Victoria cruiser (without sirens due to the situation) he felt a sense of relief.

“It’s the best sound an officer can hear,” he said.

Hawley, who is also known for his physically imposing presence, more resembles a linebacker than the soft-spoken family man.

There was a struggle, but the two officers managed to pull the man from the railing.

Amazing, considering neither spoke throughout the ordeal, except for a few hand motions. Humphries feels like they were “on the same wave length.”

“Sean bear hugged him and I grabbed him by his belt,” he said. “It was a bit of a struggle. I don’t know if it was him resisting or just his girth, but we got him over the

“

The highest part is just knowing you saved a guy.

— OPP officer Sean Hawley

railing and on to the sidewalk.”

This is a first commissioner’s citation for Humphries and Hawley in a combined 30 years.

Hawley, who hadn’t heard of the award until he got one, didn’t even want to go to the award ceremony on Friday, June 7.

“My wife and kids had to convince me to go,” he said.

Hawley said the recognition is appreciated, but the most important thing already happened.

“The highest part is just knowing you saved a guy,” he said. “The guy was having a bad day and put himself in a bad position. We were able to help him ... to me that would have been reward enough.”



Submitted by the OPP

Haliburton Highlands Ontario Provincial Police constables Sean Hawley, left, and Stuart Humphries received their commissioner’s citation for lifesaving at a Central Region awards ceremony in June. They are happy to be recognized, but say they were just doing their jobs.



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highlands east council

Curling club looks for ways to make money

Angelica Blenich
Staff reporter

The following items are brief reports of a June 20 meeting of Highlands East council.

The Wilberforce Curling Club is looking to sell advertising space to local businesses in an effort to bring in extra revenue.

Tammy Vaughan made a delegation to council representing the club, requesting approval from the municipality to use the ice surface walls as a place to put advertising signs.

Since the curling club was a municipally owned building, Vaughan said she decided

to seek the approval from council before moving forward in approaching local businesses.

Chief administrative officer Sharon Stoughton-Craig suggested the club talk to property supervisor Jim Alden regarding the proposal, since he recently went through a similar process selling advertising at the Keith Tallman Memorial Arena.

Councillor Cec Ryall suggested standard size advertising signs be installed in the building.

"Yes they will all be the same size," said Vaughan.

Council approved the installation of signs at the curling club.

This past year the club had a lower than

average membership, with executive members seeking financial assistance from the municipality.

Speed reduced on Magnificent Road

Council passed a resolution to lower the speed limit on Magnificent Road to 60 kilometres an hour.

With the road currently under repair, transportation supervisor Earl Covert was suggesting the change to prepare the municipality for what might come.

"With us doing work on it first thing that comes to mind is it's going to become a

racetrack," he said.

Seeking home for Wilberforce Food Bank

The Wilberforce Food Bank is in need of a new home.

Councillor Steve Kauffeldt said he had been in discussion with the Trillium Lakeshore School Board about the possibility of using a portable for a future location for the food bank.

The food bank was forced to leave its former home for reasons unknown.

"They weren't evicted," said Kauffeldt.

Golf show back on the air

Highways to Fairways, a golf TV show produced by local residents Charlie Teljeur and Wayde Greer, is back on the air.

Bent Nose Media, the company the pair runs, announced last week that the travel golf show was relaunched June 8 on Chex TV Peterborough.

"After 18 months in an unsuccessful co-production partnership, the team looks to reinvigorate this uniquely creative property with the two partners once again squarely at the helm and in complete control," a press release from Greer reads.

The hiatus was due to the "intricate and restrictive legalities of the entertainment industry," the release says.

The pair had been with a production company, hoping to get a network deal.

"In a best case scenario this is great, but when your baby isn't actively being shopped, promoted or sold by your new partners it becomes a nightmare. You're paralyzed," Teljeur is quoted in the release.

The show runs on Saturdays at 11:30 a.m.



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- * Wear bright clothing with reflective strips at night
- * Be sure you can see and hear traffic around you
- * Watch where you're going – walking and texting can be dangerous

DRIVERS

- * Focus on driving
- * Drive the speed limit
- * Slow down when approaching walkers
- * Take care where visibility is reduced
- * Leave a safe distance between you and the person walking when passing



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From the ground up

The new Wilberforce library is beginning to take shape as construction on the sustainable facility moves along. On June 20 the library, located on Holmes Drive, had its walls up with work beginning on the interior. The building is being constructed by the students enrolled in Fleming College's Sustainable Building Design and Construction program. It is expected to be completed by this fall.

Angelica Blenich
Staff

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CURTIS ARMSTRONG,
General Manager, ext. 37
curtis.armstrong@sunmedia.ca

JENN WATT, Managing Editor
ext. 39, jenn.watt@sunmedia.ca

LAURIE CURRY, Accounting/Admin.
ext. 36, laurie.curry@sunmedia.ca

DEBBIE COMER, Circulation,
debbie.comer@sunmedia.ca

CHAD INGRAM, Reporter,
chad.ingram@sunmedia.ca

ANGELICA BLENICH, Reporter,
ext. 40, angelica.blenich@sunmedia.ca

DARREN LUM, Reporter,
ext. 38, darren.lum@sunmedia.ca

TARA O'REILLY, Production Manager

WAYNE WILLIS, Pre-Press Co-ordinator

LAURA SMITH, Sales,
ext. 32, laura.smith@sunmedia.ca

JENNIFER LITTLE, Sales,
ext. 42, jennifer.little@sunmedia.ca

CASSIE THORN, Sales,
cassie.thorn@sunmedia.ca

JENNIFER McEATHRON, Inside Sales,
ext. 33, jennifer.mceathron@sunmedia.ca

Forever in our memories: Creighton Feir

Get out this summer

THIS COMING WEEKEND is the most exciting of the summer.

It is the end of school, the beginning of truly warm weather, a time when we can soak in the beauty of our surroundings and take a minute to dip into the cool waters of a nearby lake.

And while summer is mostly about relaxing when you get the chance, there are things to see and do this season in the Highlands you should mark on your calendar.

Highlands Summer Festival: every year is a new offering of high-quality theatre. Sometimes funny, sometimes sad, sometimes musical, it's satisfying to take a night out to take in the arts. Between July 1 and Aug. 9 they're putting on *Wingfield's Inferno*, *Nunsense*, *Bohemians in Brooklyn*, *Our Town* and the *Sunshine Boys*: highlandsummerfestival.on.ca.

The Forest Festival: incredible backdrop of Bone Lake in Haliburton Forest or the Logging Museum with world-class musicians. Aug. 14 to 18. Featuring Lighthouse (sold out), the jazz group Heavyweights Brass Band, Natalie MacMaster,

The Good Lovelies and Murray McLauchlan: www.theforestfestival.com.

Midnight Madness: Haliburton's street party this year has a retro theme. There's always great music, deals and the firefighters' beef on a bun. Aug. 2.

Dusk Dances: free dancing dominates Head Lake Park in Haliburton at dusk July 18 to 21. Professional dancers put on dances, which are usually in contemporary style. Entertaining for all ages, there is always

a local component as well. It's free, but they do take donations. www.duskdances.ca.

Kinmount Fair: The tiny village hosts an impressively large county-fair-style event with rides, animals, food and entertainment. Held on the Labour Day weekend, you should experience this fair at least once.

Wilberforce Agricultural Fair: This year is the 30th for the fair, which honours the agricultural roots of the county. Includes food, live bands, horse draw, lots of farm animals and auction. Aug. 9 and 10.

For more events pick up a copy of Summer Guide 2013, which can be found all across Haliburton County.



Jenn Watt
Editor



O' Canada

photo by Darren Lum

Advice from a lizard

"Soak up some sun. Snap up opportunities. Be a colourful character. Appreciate stillness. Keep a low profile. Shed your old ways. Be dashing." – Ilan Shamir

WE CAN LEARN so much from all beings on this planet. Inspiration can come in many forms and everyone and everything has the capacity to teach. We just need to pay attention. My friend and I were recently hiking on an island in Georgian Bay where there are lots of big rocks and boulders and we took the opportunity to lie down, slow down and soak up the sun. We laughed about invoking our inner lizards and just being. A few days later when we had returned home, we received a postcard from friends who are on a two-month exploring adventure in the southwest U.S. and the above quote about the Advice from a Lizard was on the front of it. Our friends may be thousands of kilometres away, but we are still connected in the ways that we value and approach life.

We all love lizards and learn from them. Ontario is home to one lizard –

the Five lined skink.

In my yoga classes we've been talking about having reverence and love for ourselves (in the yoga class on the yoga mat) and in our everyday lives. Love and reverence for all the beings that share this great earth that we live on. The yoga tradition recognizes that we are each unique individuals and yet we are intimately connected to everything that is around us in the natural world.

As I was invoking my inner lizard on the rock over on Beausolei Island I couldn't help but think that sometimes we humans forget how important every species is and how fragile the balance of nature is. In our own bodies we may take our heart for granted until it no longer works the way we want. In the same way, we may take these little lizards for granted without ever really understanding what they contribute to the earth. I hope everyone can pause during their summer activities, invoke their inner lizard and maybe even learn a bit more about these colourful characters that we share our county with us.



Lynda Shadbolt
Tales from The Great Green Meadow



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points of view

What's that noise?

SOMEWHERE OVER THE last couple of years in our home, I've come to be known for asking the question "What's that noise?"

I pose the question frequently whenever the dishwasher, air conditioner, furnace or fridge turn on. I ask it whenever an iPhone beeps or a dryer sounds off. I ask it when the phone rings and I ask it when the cat knocks something over.

And while this might be an annoying thing to continually hear, I'd still suggest that it is better than the alternative question that's sometimes gets asked around me – that being "What's that's smell?"



Steve Galea
Loon Tales

Actually, I think asking "What's that noise?" is an important question to regularly pose so that we, as humans, can develop, adapt and survive as a species.

My theory is that if you ask it enough, you'll help mankind in developing a catalogue of recognized noises that will one day be part of the human consciousness. And, one day, an intuitive knowledge of these sounds will come in handy for our

descendants.

Think about it. In the past, because of this question, our ancestors learned a plethora of useful noises to avoid.

For instance, because of their groundbreaking work, we do not need anyone to tell us to move off to the side if the sound of thundering hooves, the growl of any number of carnivorous beasts or the sound of any number of natural disasters approaches.

I knew these things long before I ever heard any one of them on television or otherwise. We all did.

Because of this, I feel it is our duty to learn and commit to the human genetic code other noises that might be equally dangerous so that we can save others untold pain and hardship. If we do this correctly, we might even help our descendants avoid answering phone calls from telemarketers, hearing another Oprah moment or listening to Celine Dion cover a Beatles tune.

Not to brag but, because of my efforts, all of my children know that it's time to hightail it the instant the sound of a lawn mower rolling out of the shed echoes across the veldt. Similarly, they know the sound of a vacuum cleaner bag makes when it's being replaced and will now pass that along to their children one day. The sound of a bag of chips being torn or a pizza box being opened is also ingrained in their psyche thanks to dear old dad.

The point being that a healthy curiosity for the noises around us can help us sort out the pros and cons of the world at large. And knowing a combination of those noises is even better.

For instance, if someone had told the actors in the original Friday the 13th movie that the sound of a hockey mask being strapped on combined with a machete being drawn meant trouble, there probably wouldn't have been the plethora of Friday the 13th sequels and we could have all been spared.

In the meantime, I for one will continue to do my part to help our species navigate through the varieties of new sounds that modern technology brings. As I said, I believe this to be important for us all and fundamental in the development of our species.

This just might help us avoid the horror show that I just mentioned. But enough about Celine Dion and Oprah, it might stop the Friday the 13th sequels too.



pic of the past

This photo was taken from the air in the 1940s. It shows the original W.O. Bailey Mill and family home with old highway 519 behind them. Readers may be able to better determine the date. The house was built in 1938. Submitted by Ann and Skip Sears

letters to the editor

Requests made to MNR overlooked

To the Editor,

Haliburton County owes a debt of gratitude to Jim Redner, Peter Hewitt and others who have spent hours moving aside deadfall on the trails and leading the hike as part of the Hike Haliburton Festival, groomed cross-country ski trails and spearheaded local community input to the Ministry of Natural Resources on the proposed management plan for the Clear Lake Reserve.

Under Ontario's environmental bill of rights, the MNR was obliged to consult with people in the area about the proposal. More than 150 people wrote letters, signed petitions and attended meetings to express concern about a number of the elements in the plan.

The Friends of Clear Lake Heritage Trails Association made a researched, detailed and constructive 28-page submission about the plan in April 2012.

The association met with ministry and political staff in the attempt to engage in dialogue, seek compromise and find workable solutions. (Thank you, Reeve Murray Fearrey, for facilitating this meeting.)

The Ontario Provincial Parks and Conservation Reserves Act sets out three key objectives for conserva-

tion reserves: (1) ecosystem protection; (2) to provide opportunities for ecologically sustainable land uses, including traditional outdoor heritage activities and; (3) science and research.

In line with this, the association made several recommendations to the MNR for changes to the proposed Clear Lake Management Plan. One was to enable the continued grooming of cross-country ski trails under agreed sustainable conditions so that the large numbers of seniors and others could continue to enjoy this traditional heritage outdoor activity. Another was to allow anglers, who have long had access to the lakes, to be able to use cached boats under a system managed by the local outdoors association.

This would have reduced the risk of introducing invasive species and enabled not just the handful of people who have property on the reserve to continue to access the lakes.

However, rather than engaging, the ministry chose to end the decades-long environmentally responsible enjoyment of the area. It accepted none of the input from our community and in doing so made a mockery

see HALIBURTON page 8

BOONEVILLE



The power of the ripple effect

RECENTLY I HAD THE PRIVILEGE of reading a blog post about volunteering.

In it the writer explained how his life of service and connection to community began in Grade 7, which triggered a memory for me that hadn't been thought of in years. One, I believe, that was monumentally formative and in turn changed my life.

In my Grade 5 class at St. Andrew's Public School it was brought to our attention that the special needs class (segregated from the school in the far reaches of the upstairs hallway and extremely mysterious to all of us) was looking for student volunteers to help out during their lunch hours.

Always a bit of a keener and wanting to please I remember being the only person in my class to raise my hand and offer help

and thus began a 10-month relationship with a young man named Simon.

As with most of my life I tend to jump into things with great fervor and little foresight and launching forward I have a vivid memory of walking into the classroom for the first time and meeting Simon – an extremely physically and developmentally disabled little boy.

Tiny and non-verbal with half of his face and body paralyzed due to his physical impairments, he sat in his wheelchair, barely visible due to his small stature.

I don't recall being uncomfortable and the staff that worked the program were incredi-



Nancy Brownsberger
SIRCH

bly welcoming, but what comes to mind clearly is the clarity and colour of Simon's eyes – for that is the way we communicated for the next several months.

The prettiest blue, almost backlit with a light I still to this day cannot explain, he watched me curiously those first few lunch hours as I was encouraged to play with him, eventually feeding him lunch and chattering away about all

things a 10-year-old finds exciting. Over time Simon began to anticipate when I would arrive, often bouncing fervently up and down in his chair, those beautiful eyes shining as I walked through the door.

That is the memory that links to the moment when "I got it."

I was no longer a Grade 5 student, a rambunctious 10-year-old child, I was part of the bigger picture of life and making a difference.

Giving joyfully and receiving joy in return is a psychological "high" that is, as far as I'm concerned, a way of connecting to the wider community, and world for that matter.

For a 10-year-old little girl it took a lunch hour of my time and a lifetime since to truly understand this connectivity and its repercussions.

One lunch hour resulting in a ripple effect, and a lifetime of service to others.

What do you think you can do with a lunch hour?

Land claim's impact on harvesting and conservation

Since time immemorial, harvesting has been central to the Algonquin way of life.

The Algonquin traditional practices of hunting, trapping, fishing and gathering flora for medicinal, food and other purposes, reflect the history of Algonquins as a hunting and gathering society.

These practices embody an inherent respect for the environment and a fundamental commitment to the sustainable management of resources which has been passed from generation to generation.

The right of Aboriginal peoples in Canada to engage in traditional activities that are fundamental to their unique histories, cultures and spiritual beliefs is recognized by the Constitution Act, 1982 and upheld by the Supreme Court of Canada.

Under this legal framework, the Algonquins of Ontario (AOO) currently possess the right to harvest wildlife, fish, migratory birds and plants for domestic purposes 365

days per year.

This right is subject only to measures necessary for conservation and public health and safety.

As such, a final treaty will not create Aboriginal rights for the AOO but rather, it will clearly articulate what these rights are and how they may be exercised.

As stewards of the land and resources within their traditional territory, the AOO recognize the fundamental importance of protecting viable populations of flora and fauna for generations to come.

Since 1991, the AOO have pioneered ground-breaking harvest management plans for moose in Algonquin Park and wildlife management units surrounding the park.

These plans contain clear provisions which set out when and where the harvest by Algonquin harvesters can occur, what the total harvest is to be and who is eligible to participate through a tag system.

Harvest limits for moose and elk are established in co-operation with the Ontario Ministry of Natural Resources (MNR), based on data that addresses wildlife conservation and the sustainability of wildlife populations.

The AOO is the first Aboriginal group in Canada that has voluntarily enacted these types of harvest management practices.

Over the last decade the AOO, working in partnership with the MNR have become important players in moose aerial inventory surveys in Algonquin Park. This involvement expanded to elk aerial inventories beginning in early 2012.

The AOO continue to work with the MNR to develop a co-ordinated approach to enable the effective participation of the Algonquins in the collection of data relating to fish and other wildlife across the territory.

To date, the data collected for both moose and elk have assisted in the development of the AOO annual harvest management

plans.

The AOO recognize that sustainable harvests are fundamental not only to the Algonquin way of life but also to our neighbours living throughout our traditional territory.

As demonstrated over the past 20 years, the AOO are committed to working together to ensure the protection of viable populations of fish and wildlife for future generations.

This column is the fourth in a series providing insights into Algonquin history, the foundation for the land claim, elements of the preliminary draft AIP and next steps in the journey.

The next column will focus on the forestry component of the preliminary draft AIP. For more information visit www.tanakiwin.com.

By Robert Potts, principal negotiator and senior legal counsel for the Algonquins of Ontario

Haliburton County needs a government that will listen

from page 7

of its obligation to consult under the Environmental Bill of Rights and turned its back on its duty to provide opportunities for traditional heritage activities under the Conservation Reserves Act.

Ironically page 6 of the final management plan says "continued public involvement in the planning and management of this area is essential."

Why would the public have any interest in continuing to be involved with the government chooses to ignore every input provided

in breach of its own statutory obligations?

Our time would be better spent electing a different government that would listen to the people of Haliburton County, allow the traditional heritage outdoor activities we so much enjoy and be willing to work with us to find reasonable solutions.

Please remember how we have been treated by the natural resources minister and his staff the next time we go to the ballot boxes.

Tayce Wakefield
Little Kennis Lake



RADIOTHON 2013

July 5th and 6th, CanoeFM hosts will be on the air with special guests and on-air auction prizes to raise money in support of your community radio station. 7am Friday through to 5pm Saturday. This is your chance to support our work with a donation and to bid on some amazing auction items. Help us celebrate 10 years of service!

points of view

It's great to see a student or resident at your doc's



The Question: I have a new family doctor and he works at a clinic where I was told I may see a resident doctor or medical students from time to time. I'm not sure what this means and I'm wondering what to do if I don't want to see students? I'm worried about sharing this as I really like my doctor but don't want to offend him. Any suggestions?

The Answer: If you have ever been a patient, whether it's in a family practice clinic or in a hospital, you have likely been cared for by a resident doctor or medical student as part of your health-care team. Given the ubiquitous nature of students, as a patient it's important to understand what the different types of learners are, who is ultimately responsible for your care and what your rights are if you are not comfortable having a student care for you.

First, let's understand what the difference is between a medical student and resident doctor: medical students are still going through their undergraduate medical training and are generally in the final years of their program (third or fourth year) when they are seeing patients. At this stage, they are responsible for taking your complete history and then reporting back to their supervising physicians, who reviews the information. Together, they come up with a plan for the patient. Medical students are not licensed and they cannot prescribe medication unless cosigned by a family physician.

Resident doctors have completed medical school

and have received their medical degrees, but are not yet licensed to practice independently. A family-medicine residency in Canada is two years, while specialty-training residency programs are generally five years in length. Residents work more independently than medical students, but still work under the guidance and supervision of a fully licensed physician who is ultimately responsible for the care they provide to patients. Resident doctors can write prescriptions and order tests.

It is understandable why you may feel some trepidation seeing a student if this is new to you, but there are several advantages to being seen by a student that may help ease this concern:

1. You get more time: Because they are in training, medical students and residents have more time to spend with patients than family physicians. As a result, most patients feel less rushed and more able to express their concerns without the regular time constraints felt in a doctor's office.

2. You're getting the most up-to-date care: Resident doctors are preparing for qualifying exams and medical students are preparing for the completion of their degree and applying for residency programs. They are regularly attending seminars and have the latest medical information, not to mention savvy with the newest medical innovations that benefit patient care.

3. You get two sets of eyes: Because they are working under the guidance of family physicians, not only do you get the opinion of the resident or medical student, but also

their supervisor (which is one of the family physicians at the clinic). While it's a safeguard to ensure that your care is complete and as safe as possible, it can also enhance your care to have more than one physician review your concerns.

4. You may get seen earlier: Family physicians can be fully booked. But when we have medical students or residents working with us, it opens up appointment spots which may help you get an earlier appointment.

5. You can help shape a new doctor's career: Residents and medical students learn so much from their patients and are grateful to those who allow them to participate in their care.

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Board Member Responsibilities:

- Attend all board and committee meetings and functions, such as special events.
- Review agenda and supporting materials prior to board and committee meetings.
- Be informed about the Cottage Dreams' mission, policies, and programs.
- Serve on committees or take on special assignments.
- Act as a positive ambassador and spokesperson for Cottage Dreams.
- Follow conflict-of-interest and confidentiality policies.

Board Member Characteristics:

- Past experience: Fundraising (especially with major donors), Charity Administration, or Business/Health care experience will be considered strong assets
- Ability to: listen, analyze, think clearly and creatively, work well with people individually and in a group. Willing to: prepare for and attend board and committee meetings, ask questions, take responsibility, follow through on given assignments and use their business contacts to help further our mission.
- Possess: accountability, integrity, honesty, concern for the mission and development of Cottage Dreams.

We hope you will consider joining us as a Member of the Board of Directors, lending your expertise to help us increase our awareness and grow our charity.

To apply please email Debbie Cumber, Program Manager at program.info@cottagedreams.org

Gardens' goal: get Haliburton growing

Jenn Watt
Editor

Forget the old adage all Haliburton County can grow is rocks; the staff at Abbey Gardens wants you to rethink local agriculture.

There's more possibility in the soil, forests and lakes than most people realize, they say, and they're staking their business on it.

"We are in the first weeks of a 20-year vision," says food hub manager Jim Vidoczky.

"If we all work together and do our bit to a common goal we're going to get there."

The goal of Abbey Gardens is an ambitious one: increase the capacity of the community to grow their own food, support local food producers, promote sustainable growing practices, be a resource for not-for-profits, run a profitable food hub, the list goes on.

On June 15, the Gardens opened the food hub to the public in a brand-new straw-bale building constructed by Fleming College students last year on Highway 118 near West Guilford.

The entire space smells like new lumber and was bustling with construction workers, plumbers, cooks, gardeners and other staff two days ahead of their soft opening.

Vidoczky, who came out of retirement to manage the food hub, walks around the space pointing out products that fit within a food hierarchy the Gardens have devised.

Kawartha Dairy milk is in the refrigerator because it is locally made. It's not organic, which would be preferable in this venue, but local trumps organic in the Abbey Gardens hierarchy, Vidoczky says.

They also stock Organic Meadows milk alongside soy milk, to cover the bases.

Produce grown on-site is for sale – right now, the gardens are putting out lettuce and herbs – but they are also bringing in veggies and fruit from other farms.

Again, a 200-mile radius is sourced out to fit with the vision of local food.

The hierarchy first looks to Haliburton farmers with ever increasing geographic circles until a product is found.

If a product is from away, it needs to be grown in a sustainable fashion and be organic.

For their opening, there are many products made elsewhere, but the plan is to slowly replace each product as it is made here.

To help in that, a full industrial kitchen is part of the building with experienced staff whipping up all sorts of things.

"As we go through the season, we will displace everything in the store with local products," says Vidoczky.

Abbey Gardens program co-ordinator and ecological specialist Cara Steele said consumers will find prices a little higher at their venue, but that's because the local farmers are being paid farm-gate prices.

"We're offering a fair return [to the farmer] and adopting the risk [of sale]," Steele says.

The prices will be comparable to what you'd expect from organic produce in a grocery store.

But the vision is bigger than what is available at the store – though that will likely be the most common first encounter people have with Abbey Gardens.

"We're hoping to inspire," Steele says. "When you hear we're growing in a gravel pit."

The property the Gardens occupies was at one time a gravel pit.

And on top of inspiration, they hope to also teach people to grow their own.

"We're promoting sustainable living. Whether buying local produce ... or learning how to grow produce," Steele says.

Garden operations manager Herb Titze says there will be



Jenn Watt Staff

Garden operations manager Herb Titze checks for strawberries at Abbey Gardens on June 13. The business has blossomed from community gardens to a multi-faceted not-for-profit offering workshops, kitchens and a store.

regular programming run out of the gardens to show people how to grow things, make things and live on the land.

Building capacity in Haliburton County will be essential in coming years, he said.

"As fossil fuels get harder to get ... food security for Haliburton County is in danger," he said.

More expensive trucking will make the cost of produce go up, he predicts, making local food cheaper.

But we must first increase local production.

Vidoczky sees opportunity in grain cultivation.

"We can grow grain, wheat, oats, barley," he says, pointing out that red fife actually originated in Lakefield, Ont. in 1842.

"This is the original, non-GMO [genetically modified], straight-up stuff," he says.

There is a mill at Abbey Gardens brought in from Austria that grain producers can bring their product to for free milling.

The food hub manager believes if people ate locally made bread rather than shipped in bread, the demand could infuse another \$1 million into the county. (The assumption is that you'd need 500 acres of land devoted to farming the grain, with each one-acre field worth about \$2,000 a year for the farmer.)

"That [money] didn't exist before," he says.

Abbey Gardens has charitable status and is run as a not-for-profit with a board of directors.

It is the brainchild of local philanthropist John Patterson.

Money made through the food hub will go back into the business, supporting the gardens and the education components.

Food is also donated to the food bank and to SIRCH Community Services.

Abbey Gardens is holding its official grand opening on June 30 from 4 to 8 p.m. It is located just west of the West Guilford turn off on Highway 118.



Staff at the Food Hub prepare for customers ahead of the soft opening on June 15. The produce hadn't yet been stocked, as opening day was two days away. Everything from milk to tomatoes to preserves will be available at the store at Abbey Gardens on Highway 118 near West Guilford.

Former Eagle Lake resident launches autobiography

Angelica Blenich
Staff reporter

Ruth Still believes she has lived a full life. The 90 year old who now resides in Barrie travelled to Haliburton County to launch her autobiography, *Beside the Still Waters*, on June 21 at the Haliburton Highlands Museum.

The choice to come to Haliburton County was an easy one for Still, who spent 20 years of her life living in Eagle Lake.

"I moved up here when I was 60 and left at 80," she said.

Born in Brownsville, a small town just outside of Tillsonburg, Still has published five books, the first titled *In the Fullness of Time*.

"This to me will always be home. I think during my years in Eagle Lake I finally reached maturity."

While living in Eagle Lake Still's husband owned a sailboat, which is featured on the cover of the book.

Still visits the area as often as she can, as one of her four children owns a cottage in Eagle Lake.

It took the author three years to pen her autobiography, however, she decided to postpone the release, as she finished it in 2012.

"I wanted to launch it around my 90th birthday," she said, which took place on March 9 of this year.

The book is dedicated to her family and will be available to purchase at Master's Bookstore.

“

This to me will always be home.

— Ruth Still

It was her years on a small 10-acre lake in the Haliburton Highlands that Still believes were some of the best of her life.



Angelica Blenich Staff

Above, writer and former resident of Eagle Lake Ruth Still autographs her book, *Beside the Still Waters*, for Audrey Sedley at the Haliburton Highlands Museum on June 21. The autobiography was released on March 9 of this year to coincide with Still's 90th birthday.

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SIRCH family continues to grow

Jenn Watt
Editor

The programs at SIRCH Community Services are kind of like children.

There are the “babies” in the incubator: fresh creations finding their legs.

There are the teenagers boldly setting out in new directions.

And there are college students coming back to live at home for a bit longer.

Certainly, many of the programs have graduated to adult status in the 24 years the not-for-profit has been operational in Haliburton County, but you can tell by listening to executive director Gena Robertson that they’re all still like children to her.

At the organization’s annual general meeting at Fleming College in Haliburton June 17, each member of the SIRCH family told their story from the last year.

Some were too new to report much – Need A Hand’s co-ordinator Shanthi Bascombe had commenced her third week on the job – while others were growing incredibly quickly.

Daniela Pagliaro rattled off a list of programs she oversees as community resiliency manager, including the pre- and post-natal groups, children’s programs and food programs.

New this year was the Farm Tours and Dig In workshops, which teach skills, expose families to local produce and provide some food to take home, too.

According to the annual report, 100 people took part in the workshops and tours in 2012-2013.

Pagliaro told the group that by leveraging partnerships, SIRCH was able to take provincial funding for six workshops and make it 22.

Community Kitchen has likewise expanded with a Minden location new this year. Again, partnerships with local groups has allowed SIRCH to make food for many more people.

The food made at Community Kitchen now goes to residents at Echo Hills and Parklane apartments, Community Care, Community Living, the Minden Food Bank, and the Ontario Brain Injury Association.

Returning to the nest this year is School’s Cool, which had been divested by SIRCH in 2009.

“It didn’t thrive like we had hoped,” Robertson said, so it will now be brought back under the SIRCH umbrella.

“Many places still deliver School’s Cool,” she said. “We’ll have to work at that ... [it’s] an incubator baby again.”

School’s Cool prepares kids for kindergarten and runs programs not only in Haliburton, but across the country.

“SIRCH created this nationally renowned program in 1998,” the annual report reads, “A few years ago, a for-profit corporation was set up and School’s Cool was transferred to that corporation. However, an agreement with an international distributor was disappointing and the program languished for a couple of years.”

SIRCH also provides the county’s community hospice and hospice palliative care at the Haliburton Hospital.

“In the past year, 71 clients with a life-threatening or serious illness and 168 families/caregivers received one-to-one or volunteer support,” the annual report reads.

Marilyn Rydberg, who heads up the hospital palliative care program, thanked the volunteers and the clients for trust and support of the program.

“Hospice was a gift given freely,” she said. “May we always cherish this gift.”

Lynn Higgs Thompson, who heads up community hospice, talked about the importance of extra help for families dealing with illness. SIRCH is able to help out with buying gas for travel, food and medicine for those who need it.

She said one of her biggest problems now – and one that her colleagues across the region are having – is that referrals to hospice aren’t happening quickly enough.

In some cases, the client has died before hospice could meet with them and their families.

SIRCH board president Wendy Ladurantaye summed up the year with a speech about gratitude.

“We are grateful for our volunteers ... Our 80 volunteers have given 4,700 hours of service to their community. They have fundraised, cooked, helped, talked, listened, supported, provided advice and made friends,” she said.

“We are grateful for our staff team, who are creative, focused and caring in their various jobs.... We are grateful for our partner organizations who generously gave space, staffing, food, expertise and more equaling over \$165,000 worth of in-kind support.”

Revenue for the organization was about \$716,700 last year, which included money for the Volunteer Dental Outreach Clinic, once in the incubator, which is now on its own.

Donations and fundraising was \$84,000 of that.

The guest speaker for the AGM was Shirley Holmes, a hospice volunteer, who told her life story to illustrate the importance of kindness, compassion and listening.

Spending most of her childhood in the foster care system, Holmes said it took her a long time to feel wanted and cared for.

It was a friend she met through Girl Guides in her 20s who eventually made the difference.

“It was the first time in my whole life someone listened to me ... she showed me that she cared,” she said.

“This is what SIRCH does. This is what SIRCH teaches.”

Board members for the coming year are Wendy Ladurantaye, Sue Robinson, Tammy LaRue, Barb Fawcett, Georgiena Boyle, Garry Swagerman and Neil Foster.

Need A Hand aims to fill the gaps

Jenn Watt
Editor

For those times when you need help, but not enough that you need professional services, SIRCH Community Services has launched a new program.

Need A Hand will “fill in the gaps” for people needing a bit of help around the home with things like gardening, grocery shopping, respite and cleaning.

To launch the program, they’ve hired Shanthi Bascombe, formerly of the eLearn Network and Fleming College’s employment centre.

“It’s about people helping people and that’s what makes it exciting,” Bascombe said.

The concept is that if you need a hand, you call SIRCH and they will set you up with a someone who has volunteered to lend a hand.

There is a \$25 an hour fee for the service which, Bascombe explained, pays for co-ordinating the program as well as subsidizing those who need a hand, but can’t afford it.

Those needing help without financial means go through a simple subsidy application process, Bascombe said.

The first Need A Hand project has already been completed: a garden done by a volunteer at a home in Eagle Lake.

Because it is a fledgling program, Bascombe said she is open to feedback and suggestions from the community; it can become whatever is needed by local residents.

To concerns that there may be overlap with existing businesses like contractors, Bascombe said SIRCH is only inter-

“

It’s about people helping people and that’s what makes it exciting.

— *Shanthi Bascombe*

ested in doing work that current businesses don’t do and that they plan to refer people to appropriate businesses should the project be suited that way.

Volunteers are asked to provide two hours a month of service with an option to become a registered worker, who is paid a wage.

Alongside Bascombe, SIRCH has hired another new employee, Cherri McElwain, who is working the front desk as an administrative assistant.

McElwain was born and raised in Minden and has a background in human resources and psychology.

“I liked the chance to help other people,” McElwain said of joining the SIRCH team.

She will be assisting the eight other workers in the office throughout the year on a part-time basis.

SIRCH can be reached at 705-457-1742 or info@sirch.on.ca.



Jenn Watt Staff

Shanthi Bascombe and Cherri McElwain are new employees at SIRCH Community Services.

Prom lets everyone be themselves

➤ Fenelon Falls hosts board's first Gay Straight Alliance prom

Darren Lum
Staff reporter

The teenage years are often punctuated by a few events.

Prom is one of them.

For the first time ever, the Trillium Lakeshore District School Board opened up for a Gay Straight Alliance prom at Fenelon Falls Secondary School on Friday, June 7.

Organized by students and staff advisors of FFSS, the event gave all students a safe environment without judgment to share in this rite of passage – be it gay, straight, bi or whatever.

GSA is a student-led alliance of students that provides a supportive and safe environment for students who are lesbian, gay, bisexual, transgendered and queer or questioning their sexual identity. There are GSA clubs at all seven high schools in TLDSD.

Close to 80 students attended the prom, representing all seven schools, including 18 Haliburton Highlands Secondary School and the Adult Education and Training Centre students.

AETC student Daya Sweet, 19, summed up the event: "It's all about people coming together and accepting one another and feeling safe."

She felt conflicted about the event, though.

"It's cool all the gay kids got to be safe and feel comfortable. It was their event," she said. "In some ways I feel it was weird because why do we need to be segregated to have our own prom? At the same time it was really cool like making us special. It was making the point that ... there is growth."

Her partner of three years and AETC peer Jai Cruz, 19, smiled remembering the prom where she got to wear a bow tie and dress formally. A rarity for her.

The couple has never been to a prom and will always remember this night.

AETC student Krista Reid, 20, felt comfortable and enjoyed her time.

"That was the biggest thing: to feel safe. We weren't going to get judged at it," Reid said.

She and her peers appreciated the efforts that went into the prom from the decorations to the refreshments and treats, including the orange, blue and pink chocolate fountains.

Reid recalls one student dressed in drag. "He seemed perfectly comfortable with it. He was happy to be there and everything," she said.

About the only criticism for the event

“

It's cool all the gay kids got to be safe and feel comfortable. It was their event.

— *Daya Sweet*
Haliburton AETC student

rested with the music selection. The fast music followed by slow music didn't quite work for the trio.

"Consistency" would have helped keep the energy up, they said.

"They would play really fast music. We'd be all hyped up and then they would play like Mumford and Sons ... asking us to Riverdance or something on the dance floor. You can't dance to that music, man," Cruz said.

Senior HHSS student and the GSA club's leader Alex Kocot greatly appreciated the relaxed atmosphere of the event where everyone could feel comfortable being himself or herself.

"No judgments whatsoever. You could dance with whoever. That was the nice

thing. There are some proms that don't let you do that," Kocot said.

"I'm completely straight and a bunch of my friends are straight. It was for, more or less, allies and LGBT members and who-ever really showed up as long as they were alright with what we're doing."

He thought the prom was a "brilliant idea."

He first learned of it at the Open Arms conference at YMCA Wanakita in Donald in April this year.

HHSS teacher and GSA faculty advisor Suzanne van Luik welcomed the trip to see how things went.

"Students who went to this prom could bring the date they wanted, knowing they were in a supportive environment where they were not going to be judged," she wrote in an email.

"It was a fun night where all students could truly be themselves. Hopefully in the near future there will be no need anymore for a GSA prom."

Sweet found the event less formal than what she envisioned prom to be, but still enjoyed her time.

This event was a lot of fun, but, more importantly, made Sweet optimistic.

"It put hope in everybody's hearts. If this is the first try we're going to be able to do a lot better," she said.

"It's got good building blocks."



Haliburton County Yard Sales July Long Weekend

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Private swim lessons offered by experienced instructor

Angelica Blenich
Staff reporter

Sharona Yake is looking to bring her expertise to the waters of Haliburton County this summer.

A former competitive swimmer, Yake has started Successful Swimming with Sharona, a business offering private or semi-private swim lessons for all ages and experience levels.

Yake, 59, is a Red Cross certified instructor who has more than 35 years of teaching behind her.

Born in Toronto, Yake lived in Ottawa for 30 years, where she ran her own swim programs.

"I come from an aquatics background," she said. "I became a competitive swimmer with the North York Aquatic Club and became a national and international competitor."

Yake is hoping to pass on her passion to those who are learning how to swim or

looking to improve their technique.

"What makes me tick is teaching. I'm passionate about it."

Yake is offering lessons from now through to August, or later if a heated swimming pool is available.

Lessons can also be taught at a lakefront residence, or local public beaches as well.

Yake is qualified to teach up to the bronze level.

"My passion is really to teach the skills and my real gift is stroke correction and stroke improvement," she said. "I will teach you to breathe before I teach you to swim."

Ideally Yake administers private, one-on-one lessons or semi-private, with siblings or close friends.

The small size allows her to administer personal attention and individualized lesson plans.

For more information on Successful Swimming with Sharona call 705-455-7974 or email sharonyake@hotmail.com.

Castle Building Centres celebrates 50th anniversary

It's a golden anniversary worth celebrating.

This year marks the 50th year Castle Building Centres have been in exist-

ence and to celebrate they are giving away \$50,000.

A Canadian lumber buying group, Castle stores can be found throughout the country, with two locations in Haliburton County, Emmerson Lumber and Carnarvon Castle.

Kim Emmerson, whose own store has been in existence for 56 years, decided to join Castle in 1979.

The independent buying group has been around longer than any other independent group, said Emmerson.

"There are 300 stores across Canada," said Emmerson, whose own store was featured in a special publication Castle released this year to mark the anniversary.

In the past there were concerns the independent group wouldn't be able to withstand competition from American companies, such as Loews and Home Depot, said Emmerson.

"However we've survived. As a matter of fact we've grown and that says something," he said. "The business model has worked."

Emmerson decided to join the group more than 30 years ago because at the time he thought it was the best group to join, he said.

"Turns out I'm happy with my decision." Emmerson served as chairman of the organization's board in 2007.

He also served in various director positions.

He took over the store from his father,

William in 1985.

Anyone is able to enter for the chance to win \$50,000 by filling out a ballot at Castle stores, such as Emmerson Lumber.

Researcher delves into family history

Donna Gagnon loves learning about your family.

So much so that she started her own business specializing in family history.

WeGoBack took flight this past winter after Gagnon began thinking about starting her own business.

"I've been doing my own family research since I was in my 20s," said Gagnon. "I was the kid, at family gatherings at my grandma's in Toronto, that sat on a chair in the corner of the kitchen and just listened to everything that went on."

Back then Gagnon, 55, started putting together her own family tree, but found it difficult due to limited resources.

Years later with the help of tools like Ancestry.com, Gagnon was able to trace back her lineage on her father's side up to her second great grandfather.

Earlier this year Gagnon launched WeGoBack through the help of the Haliburton County Development Corporation.

Based in the Highlands, the business specializes in finding out your family's history, or helping you research your own ancestors.

Gagnon has already begun completing projects for Haliburton individuals such as Sean Pennylegion, Mike Jaycock and Shawn Chamberlin.

"It never fails ... people want to know about their family and everyone has stories to tell," she said.

Gagnon is able to put together family trees and other historical background services through documents such as birth certificates, baptismal records, obituaries and archives.

"People want to know where they came from," she said. "What did my ancestors do? Were they in prison?" she joked.

To date, Gagnon's ancestry research has led to awards and international exposure, with a finalist certificate awarded by the Southern California Genealogy Society for a story to be published this fall.

For more information on WeGoBack visit wegoback.wordpress.com, email wgb.familyresearch@gmail.com or call Gagnon at 705-457-8330.



Angelica Blenich Staff

Sharona Yake proudly wears medals won from her years as a competitive swimmer. Yake has recently launched Successful Swimming with Sharona, an instructional program available to all ages and levels of experience to those living and cottaging in the Haliburton Highlands.



President and owner of Emmerson Lumber, Kim Emmerson is celebrating the 50th anniversary of Castle Building Centres, an organization of which his business is a part. To celebrate the milestone, Castle is giving away \$50,000 this year.

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Haliburton County Outdoors

by Steve Galea

The summer of fly fishing

If you notice more fly lines being cast about your lakes or rivers this summer, it's probably due, in no small part, to the efforts of the newly formed Haliburton Highlands Fly Fishing Club.

The club, founded by Phil McMahon and yours truly, evolved from a brief chat we had in early May.

Now, every time Phil and I talk about the attendance at club meetings or fly casting sessions the question, "Can you believe this?" almost always arises.

The truth is we still can't. Though the dust is still settling, just about 50 members will have joined the group by next meeting on July 11. Membership is open to men, women and youth – there are no age restrictions.

The idea of a fly fishing club is a simple one. It brings together like-minded individuals of all ages who have an interest in fly fishing. It doesn't matter if you are an old pro or have never picked up a fly rod in your life. If you have the desire to learn, members of the club are quite willing to share what they know.

Thus far, the club has had three fly casting sessions aimed at teaching how to cast properly. Our last two sessions have attracted almost 20 people in each.

These happen at the Haliburton Highlands Outdoors Association grounds as do club meetings, which occur on the second Thursday of each month. The club is based out of the facility and proud to be part of the HHOA.

New members are quickly learning that fly fishing is a complex and multi-faceted sport. But they're also learning that starting out is relatively easy, especially when you have access to more experienced anglers.

Each meeting includes presentations that are seasonally appropriate so that

anglers new and experienced can take something away that they can put to practice immediately. Our first presentation was about fly fishing for bass; our next will be on local fly fishing opportunities.

Club chairman Phil McMahon wants the meetings to be fun and informative.

"I want us to have a laugh and enjoy the meetings. Fly fishing is a great sport and it gave me so much. I want to give something back," he said.

That, in a nutshell is what the club aims to achieve and, judging from the enthusiasm of our members, we seem to be headed in the right direction.

The thing that surprises many is that fly fishing would be so popular around here. That's because people have a pre-conceived notion that fly fishing is strictly about trout and flowing waters. This, of course, is certainly a major component of the tradition, but it's certainly not all of it.

Haliburton County is actually a fly fishing paradise. Here an angler can catch walleye, pike, muskie, brown, brook, rainbow and lake trout, as well as smallmouth and largemouth bass and a range of panfish. We've got a host of lakes and flowing waters and opportunities literally around every corner. Fly fishing is a fun way to take advantage of them.

If the thought of it interests you, contact the HHOA at 457-1182 for more details.

Oh, and if you'd like to learn how to tie flies, McMahon is running a course on July 27 at Fleming College in Haliburton. Give the college a call at 457-1680 for more information.



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Artist taps into collective unconscious

Jenn Watt
Editor

Stephanie Rayner believes great art comes when a human taps into a collective unconscious, a common soul, revealing truth.

When we encounter great art, the experience rings through our bodies.

We are literally moved by the experience.

What makes Michelangelo's David so poignant? How did Mozart, in his dying days, compose the heart-wrenching *Requiem*?

What can we find in science and nature that leads us to God?

Rayner spent 14 years constructing The Boat of Eternal Return, a 30-foot long vessel made of wood, framed with a rack of moose ribs, embedded with music and human genetics research.

One person who viewed the structure called it "the boat that takes you from life to

death." Another said the artwork was alive, with a palpable soul of its own.

On Wednesday, July 3, Rayner will be using The Boat of Eternal Return to discuss the power of visual metaphor at Fleming College in Haliburton.

The boat came out of the artist's childhood memories of floating in a lake near her home in Caledon Hills.

"To me, at seven years, this perfect black circle is a deep, darkly abiding, unblinking eye looking back at God. Some days I try to do the same, lying flat in the kayak, all but my head enshrouded by its canopy, eyes open wide - while far blow, deep in the water, my lifeline drifts," she writes in an essay about the piece.

Her lifeline is a rope her father has tied around her, attached to an inner tube.

"My father says that if I drown he can pull up my body by this rope so it will not spoil the lake for others," she writes.

If the lake was the seed for The Boat of Eternal Return, her deep interest in spirituality, genetics and technology were the fer-



The Boat of Eternal Return by artist Stephanie Rayner is a 30-foot boat made of wood and moose bones. It includes gels from the Human Genome project and Mozart's *Requiem*.

Rob Davidson

tilizer.

It asks the viewer to look inward - in to the details of the boat, the DNA gels from the Human Genome Project in the black bier, the tiny crystal ball in the spirit level that reflects the back of the boat - and into one's self.

Mythology often uses boats to signal the journey from life to death.

It is no mistake that Rayner's boat conjures the same feelings.

King Arthur travelled a river in a boat as he was dying, souls make their way to the afterlife on the River Styx in Greek mythology, in Samoa, the soul boat comes for the souls of those have passed that day, the artist points out.

It is unsurprising to her that viewers would have a physical reaction to a creation that conjures up deep-seated connections to mortality.

"That is what art should do - it speaks to your soul - there isn't just one meaning," she says.

"All art has to do with the murmurings of the soul."

Rayner is a teacher at Haliburton School of the Arts in printmaking. Aside from travelling the world lecturing and exploring

in places as far afield as China and South Africa, she has spent time in the Highlands.

"I have wandered those hills in Haliburton," she says.

"It's my chance to get away from the city. Haliburton's been an unbelievable resource for healing my soul."

Rayner dealt with death early in her life when her grandmother passed away.

Her grandmother was the "hub of the family. She was like a fairy godmother to me," she says.

"Grieving pierced me like a piece of rusted pipe."


It may have kindled her ongoing interest in the deeper meaning of life.

While The Boat does grapple with mortality, Rayner doesn't see it as dark.

Rather, it is about valuing life.


"I think the boat brings light to what we feel is a dark subject ... and that all beauty contains the seeds of sadness."

Rayner will be speaking at Fleming College in the Great Hall at 4:45 p.m. on Wednesday, July 3. For more information, call the college at 705-457-1680 or email createit@hsta.ca.


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Haliburton cottager turns health scare into something good



Proceeds from art easel auctions will benefit HHHSF

Angelica Blenich
Staff reporter

From his deck overlooking Grass Lake, Don Ross looks serene and at peace as he enjoys the sun and soaks up the view.

A cottager for the past 51 years, Ross feels more at home at his place on Peninsula Road than most of the places he has lived year round.

In his 64th year, Ross is the typical picture of a man enjoying semi-retirement. A man who enjoys puttering around the cottage, trimming his garden shrubs and taking a ride in his boat.

However, a year ago life was much different for Ross, who spent 293 consecutive days in hospital, missing out on celebrating his 50th year at the cottage.

Life took a turn for the worse and almost came to an end.

"On March 28 of last year I was as healthy as you are walking down the hill," said Ross.

However, on March 29 Ross began to feel severe pain and was vomiting. He soon found himself in an ambulance on the way to Sunnybrook hospital in Toronto.

"They diagnosed me within five hours with having pancreatitis, which is all to do with the digestive tract. As it developed it became what they call acute necrotizing pancreatitis, which is as bad as it sounds."

Ross spent the next six and a half months at Sunnybrook, at which point he was taken to a rehab hospital for an additional three months.

Born and raised in Toronto, Ross is remarried and has three children and two grandchildren.

"That wonderful wife of mine visited me every day, held down a demanding full-time job, acted as my advocate at the hospital when I was unable to ... if it wasn't for her I don't think I could have gotten through it."

The ordeal was marred by infection after infection, said Ross.

"I was there for nine and a half months with a tube ... one of the side effects of pancreatitis is you can't even stand the thought of looking at food, let alone take it in."

A number of procedures, X-rays, MRIs and antibiotics followed.

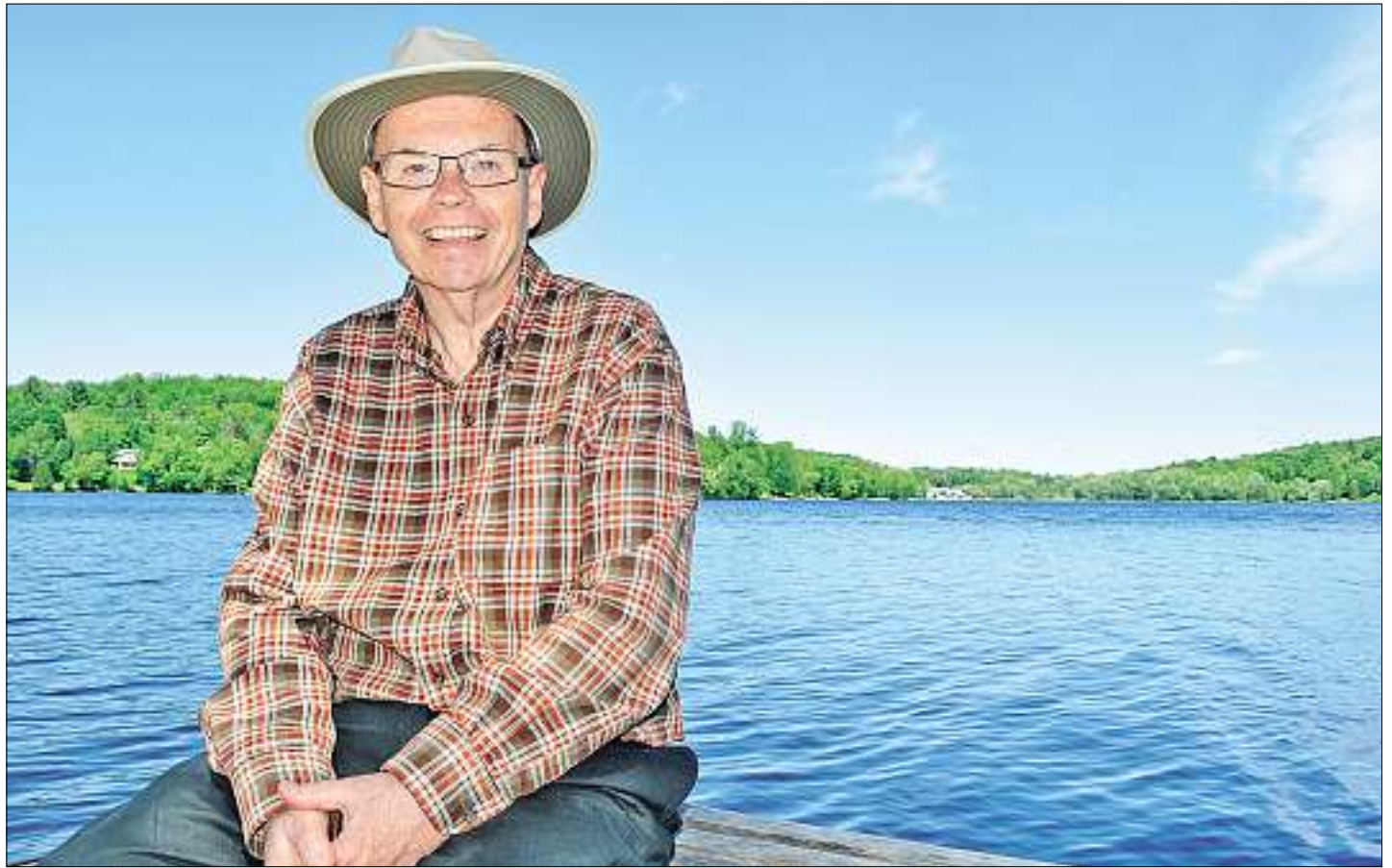
"We were planning my funeral. It was pretty serious."

When Ross arrived at Providence Health-care, the rehab hospital, he was 75 pounds lighter than when he went into Sunnybrook.

"I was reduced to skin and bones ... I had no muscle left."

Ross worked with the staff at the rehab hospital to work his way up to being able to go home.

"They were terrific people. I have this saying, that Sunnybrook saved my life and Providence gave me back my life."



Angelica Blenich Staff

Haliburton cottager Don Ross enjoys the scenic view at his Grass Lake property on June 3. After a lengthy stay in the hospital in 2012, where Ross battled to stay alive, the semi-retired cottager is teaming up with the Haliburton Highlands Health Services Foundation for a fundraiser to auction off framed artwork.

Ross's health ordeal was caused by a gall stone that lodged in his pancreatic duct, he said.

While in hospital Ross asked his wife Allison to keep all his copies of his *Haliburton County Echo*, so that he could catch up on his subscription when he was well again and still feel connected to the area.

A longtime cottager, Ross spent most of his summers in Haliburton County, working as a teenager at Emmerson Lumber and Chateau Woodland.

"The cottage has been an integral part of our life," he said.

Ross began his career in the health-care field, where he worked in private care.

His career evolved and through a connection with a friend who was an artist, Ross began working in the retail art business, eventually starting his own business.

Following his own health-care scare, Ross recognized more than ever the need for quality health-care services and decided to use two of his passions for good in Haliburton County.

"I couldn't believe that a healthy, energetic 63-year-old man could get to this just like that, when I'm used to not really being hardly sick a day in my life. So it can happen to anyone."

Earlier this year Ross initiated a fundraiser selling framed artwork, with partial proceeds going to the Haliburton Highlands Health Services Foundation.

"You have a lot of time to think when you're in the hospital. So I thought to myself

... you know, when I get back up to the cottage I'm going to bounce this idea off Dale Walker [executive director of HHHSF]."

Throughout Haliburton Village easels are set up with different pieces of art on display available to be bid on, with slips of paper provided to fill out the bid amount and the bidder's information.

Once the auction is closed the artwork will be awarded to the highest bidder.

Ross is hoping the easels will be set up from now until Labour Day. He will be switching the art on display every couple of weeks.

Locations where the art easels are on display include Emmerson Lumber, Pinestone Resort and Conference Centre, Highland Pharmacy, Dr. Smolen's dentistry office and both the Haliburton and Minden hospitals, with more locations likely to pop up during the summer months, said Ross.

Businesses interested in getting involved are encouraged to contact Ross at 416-575-6790 or Walker at 705-457-1580.

"It doesn't require any cost or time on behalf of the business, just a bit of space."

Ross is hoping the fundraiser will give back not only to the health services in Haliburton County but will benefit an area which has such special meaning to his family.

"It's for a good cause and if it requires me to come up to Haliburton more this summer then I am willing to make that sacrifice," joked Ross.



This easel featuring a framed piece of artwork is on display at Emmerson Lumber as a fundraiser for the Haliburton Highlands Health Services Foundation. Those interested can submit a bid for the piece, with partial proceeds going to the health services organization. Artwork is located throughout the county as part of the initiative.

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It was a day of song, marking the end of one year and the beginning of a new chapter for kindergarten students at Stuart Baker Elementary School. The gymnasium was not only filled with the sounds of music and laughter, but family,

friends and siblings, who came to applaud the youngsters in the kindergarten graduation event on Thursday afternoon, June 20.



Clockwise, from top left, the audience was filled to capacity in the school's gymnasium; a kinder holds her pose; kinders put their best hats forward; just before performing the entire kindergarten class stand for photos and a kinder looks to his teacher, waiting to sing at the graduation.

Photos by
Darren Lum

Cottage Times

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Cottage Times office
 Tel: 705-457-1037, Fax: 705-457-3275
 P.O. 360, 146 Highland Street (The Echo)
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The golf doctor

Do you have a story to share about the Haliburton Highlands? The Town Dock is the place to reflect on the people and experiences that make this community unique. Send story ideas to: haliburtonlake@gmail.com

Haliburton golfers who are looking to improve their game are often referred to "The Golf Doctor." Ken Rosenberg has coached hundreds of golfers in the Highlands since he retired from the Ministry of Transportation and received his certification from the Canadian Golf Teachers Association. He's easy to recognize at the Haliburton Driving Range (which he built, but has since sold). Focused on assessing someone's swing, his feet are planted well apart, his arms are crossed, and the peak of his golf cap

is pushed back. You are watching the doctor make his diagnosis.

As a boy, Ken took up the game at the Haliburton Highlands Golf Club (now owned by his daughter and son-in-law), a Scottish-inspired course carved out of rock and pine forest at the edge of Lake Kashagawigamog. He maintained the fairways and greens and sneaked in as much practice as possible.

With lots of hillside lies and tree shots, it was a good training ground for a young golfer.

Maybe it was that rough terrain



Janet Trull
Town Dock

that attracted him to golf, because he's just as comfortable in the bush as he is on the course. He has been a hunter, a fisherman and he makes excellent maple syrup from the trees on his own property. These pastimes, like golf, require a certain kind of patience, a keen eye, and a quiet confidence. It's a winning formula. The summer he turned 65, he shot his age at the Pinestone. And, just to prove it wasn't a fluke, he went back in September and shot a 64. One memorable day at the Club Link course, Heron Point, he eagled the ninth hole (par 4, 1 handicap), lipped out for birdie on the 10th and juggled a

hole-in-one on the 11th.

Although you'd never hear it from him, Ken has had 18 holes-in-one. Eighteen! When you spend a lifetime building the accuracy it takes to do that, you have a man who appreciates the basics. He brings the right tools to do the job (although he still hasn't found the perfect putter), the right attitude and a sixth sense about his surroundings.

Ken can read the sky and predict the weather as well as he can read a golf swing. He never, ever appears to be in a rush. He's got that way about him. Calm. Unhurried.

His advice makes you confident that if you change your grip or widen your stance you'll be fine. Just as long as you follow The Doctor's orders.

Maintaining a sustainable garden in the Highlands

Story by photo Lea Kitler

Magnificentill.ca

Growing our own food in this northern climate requires a lot of staying power. We can't give up partway though the process and sometimes we have to be very

creative to speed up the growth cycle to increase yield without using chemicals. We now grow more than three acres of hand-planted and weeded gardens and as a result of the 2012 drought we are creating a more functional watering system. Our rainwater catch is a gravity fed and

drained system, but it will still require power to fill two of the five 1,000-litre tanks placed higher on the hill.

A few years ago with the help of one of our Tamworth pigs, Madam P, rooted up a patch of ground that we continue to plant every year. To this day, it still requires a

lot of work both with watering and weeding. One thing that has helped us develop a greater yield is by using biodegradable black mulch. This product can be costly but we have learned where to use it, cre-

Continued on page 10

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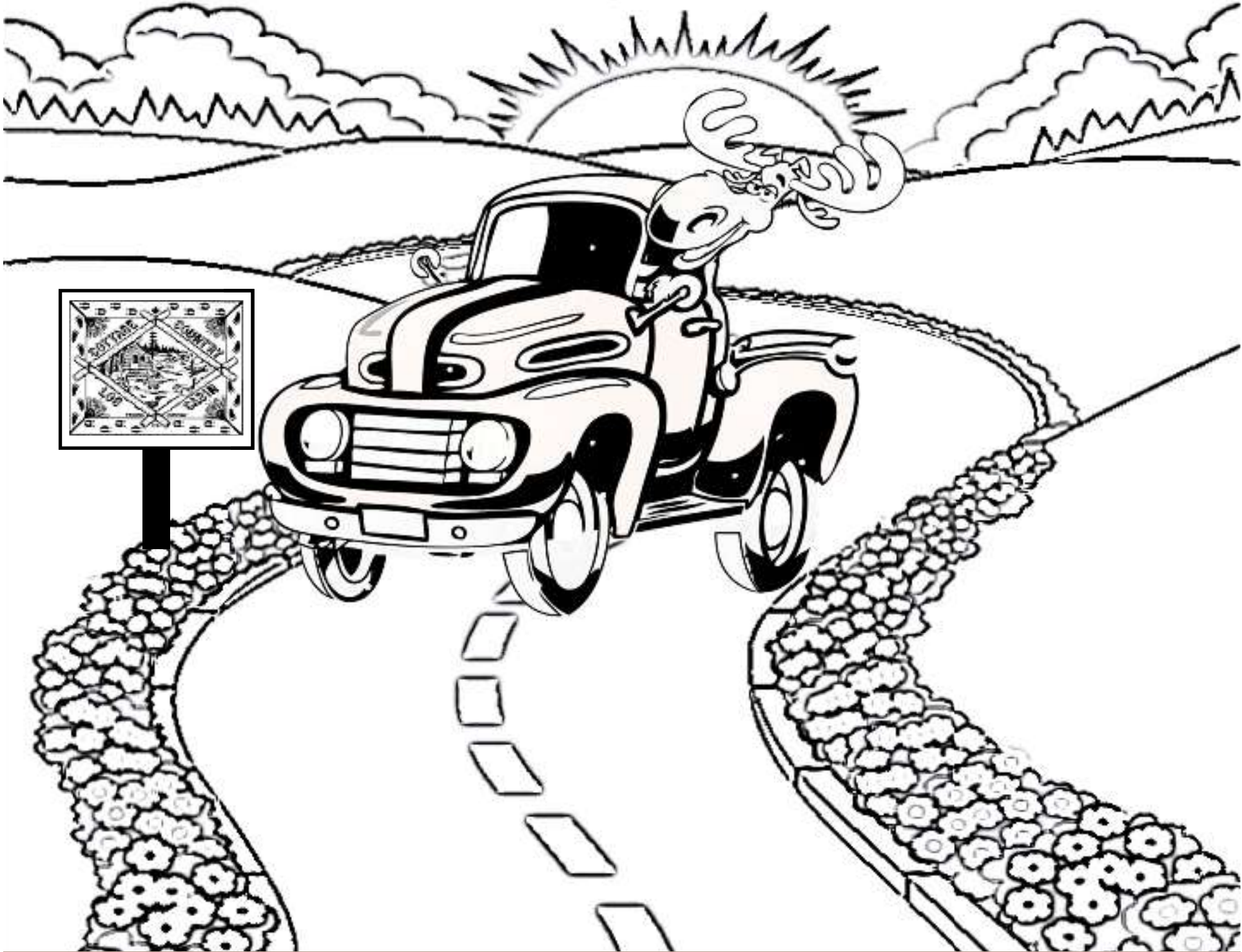
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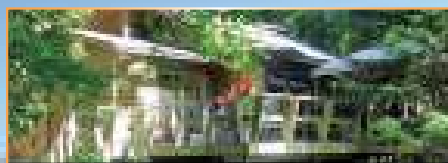
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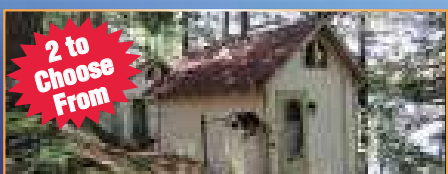
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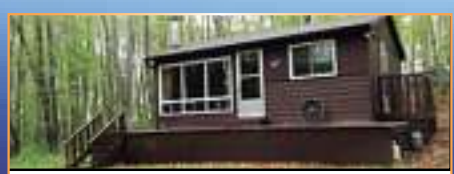
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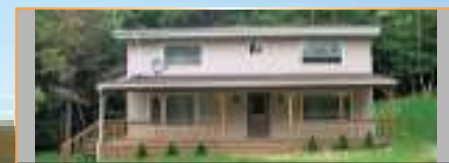
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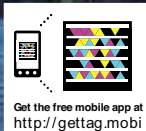
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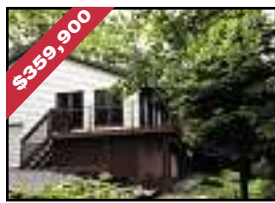
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Since the days when our forefathers stepped foot onto the highlands a century ago, Haliburton folks have embraced our reputation for off-the-beaten-path charm. Perhaps that's what attracts so many urban visitors from the southern cities each summer. Perhaps that's what keeps us resilient against the fury of the northern winter.

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New products and processes are being developed every day, and Glenn will help you to understand and use them to your benefit. Innovations in foundations, thermal systems, exterior cladding and roofing materials can all impact the overall building performance and construction costs. By taking an educational approach to design consultation, you can be confident in the choices you make along the way. Informed decisions make all the difference.

As your project advances you can trust Glenn to get the job done, because he trusts only the finest local technicians to do what they do best: construct strong homes. By closely managing the project every step of the way, Glenn coordinates everything that is required to ensure meaningful progress is made each day, all while keeping clients abreast with weekly reviews. Glenn's precise project planning allows him to foresee build stages yet to come, and involve clients in key decisions long before they need to be made.

Teresa plays an important role in the process, lending her expertise on the finer points of living space design. Her ability to visualize a room before it exists contributes to the harmonious flow of the blueprint, and she uses her complementary style to help clients to see their dreams before they reach reality. Teresa meshes modern, functional design with the visual details of an authentic country home creating a truly unique and personalized experience.

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Coping with wild edibles

Awkward Moments column by Steve Galea

Photos by Darren Lum

To say I was having a hard time with the black flies, mosquitoes, sand flies and any other insect that was feeling a bit hungry is an understatement. Heck, I was even being bullied by butterflies.

In fact, so many of these tiny customers were dining on me that I envisioned somewhere on some busy mosquito thoroughfare, little bugs were parading back and forth wearing sandwich boards that said, "Eat at Steve's!" No doubt they posted pretentious reviews on their Facebook pages too.

It's not like I didn't take reasonable precautions either. I bathed in bug juice, wore two Thermacell units, donned mosquito mesh outer garments and underwear and even wore a huge fake dragonfly on my head. Despite all this, the hungry biting insects kept coming. I believe it was for the ambiance.

The straw that broke the camel's back came last week when somewhere in the Sahara someone decided to load up a frail camel with a huge shipment of crazy straws. Of course, that had nothing to do with my predicament. But you have to admit it is interesting – I mean, who would have ever thought that straws would be in such high demand in the desert?

Anyhow, back to my story.

I needed to find some way from becoming a moveable feast, so I went to an expert.

Aside being good at thinking up company names that rhyme, Barrie Martin of Yours Outdoors was also one such expert. So naturally, I went to him. Although to be honest with you, he's a hard guy to get hold of.

"Barrie!" I said, as I jumped out from behind a bush at his home. "It's me: Steve Galea! Something must be wrong with your phone, email, voice mail, snail mail and view of the sky (I had sent out smoke signals and hired a plane to do a bit of desperate sky writing). I've been trying to reach you and you haven't got back to me."

"Oh," he muttered uncomfortably. "Yes, that's it ... we're having communication issues. I told that to both singing telegram guys you sent."

"Which is why I thought I'd pay you a personal visit," I smiled.

At that point Barrie turned uncharacteristically white and muttered, "Oh no, you're not about to ask me to participate in one of your stupid columns are you?"

I sat him down, looked him in the eye and told him no. (Sometimes it's just better that way.)

"So why are you here then?" he asked.



Columnist Steve Galea, left, readies to dine on dandelions pointed out by local Barrie Martin. Martin encourages people to participate in the Tastes of Haliburton on June 29. See www.yoursoutdoors.ca.

"I heard you were running a Tastes of Haliburton as well as a Wild Edibles tour this summer," I said. "So I thought you'd be the perfect guy to help me out."

"You want to know how to find local natural foods and wild edibles?" he asked.

"No," I replied. "I want to know how not to be one. The bugs apparently find me both edible and wild. They're driving me nuts."

"I'm not sure I can help you," he answered.

Eventually, however, (and, by eventually, I mean sometime after my sobbing subsided) Barrie decided that perhaps the best way to help me was to show me what made a good wild edible; that way I could take steps to avoid being one.

Thus began my whirlwind education about wild edibles.

We spent the first hour examining more common wild edibles like the dandelions on Barrie's front lawn. He had me eat every one. After that he instructed me to sprint through a blackberry patch and about half a mile of raspberry canes just so I could understand how quickly the season passed. Then, just to help me with identification, he had me roll through stinging nettles.

"Have you had enough?" he yelled maniacally.

I was almost going to say yes when two grasshoppers decided to rough me up.

Barrie then took me to the woods where he directed me to eat evergreen needles and try out a bunch of

Continued on pg 9

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Columnist Steve Galea, left, offers a chip to an incredulous Barrie Martin, who was looking to "cook up" some wild edibles for the both of them. Martin encourages people to participate in the Tastes of Haliburton on June 29. See www.yoursoutdoors.ca.



Barrie Martin holds the branches of a berry bush as an example of a wild edible.

Bugs don't seem so bad after all

Continued from pg 8

mushrooms to help with his "research." We ended the day with a barbecue that involved a concoction of wild green plants and me going to the kitchen to gather a few wild nachos to munch on.

By this point I was beginning to wonder about Barrie.

In fact, I wondered how any of this would help me at all. But you know that Barrie Martin is a genius. You see, after you've eaten Barrie's famous barbecued wild edibles, bugs don't seem so bad at all.

Forget my experiences, for a real life Taste of Haliburton or to attend one of the Yours Outdoors Wild Edible tours contact Barrie at 705-754-3436 or visit www.yoursoutdoors.ca to learn about these and other exciting local tourism experiences.

The next Tastes of Haliburton, which includes a hike for wild edibles, a component on making maple syrup pie and delicious sauces at the Wintergreen Barn, a tour of Moon Shadows Estate Winery and fine dining afterwards will be held on June 29. But don't despair if you can't make that one; others are scheduled throughout the season.

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Researching the past

Story by Tim Hagerty, Chairman
Haliburton Highlands Museum

As I remember it, I was about five years old. I had trouble sleeping and woke up pretty early in the morning and was about to get dressed. My dad caught me and said, "It's too early, go back to bed." I turned around and slumped back on my bed. How was I to be still and quiet when I knew what lay ahead of us that morning?

No, it wasn't Christmas morning; it was time to start our annual summer vacation!

That magical time when my mother started laying out our clothes about a week before we were to leave, heightening the tension until my brother and I were ready to burst with excitement. The time of the year we started thinking about as soon as we arrived home from the last vacation.

"Do you think that the Smiths and the Bakers will be there again this year?" I asked my dad.

"Yes they will be there, and the Reids and the Schmidts too."

Now it was perfect again. We were on the way to Birch Point Lodge in Haliburton for my fourth consecutive year. (Five if you count the first year, three months



The Haliburton Highlands Museum is collecting stories on lodges and resorts. Do you have a tale of visiting the Wigamog? Or maybe Chateau Woodland?

before I was born.) My grandparents went there, then my parents before the family arrived and now we were continuing the tradition. Of course I wasn't really aware of this, being only five, but I did know that the next two weeks were going to be amazing!

The Lodge was like a second home to our family, run by the same wonderful people, the Goulds, since well before I came along. At that time I did not understand why the Lodge was such a special place, it just was! The little cabins, outdoor

washrooms (!), lots of kids to play with; in fact a lot of the same kids came year after year. They were my "summer friends." I only saw them each summer, but then, that made it all the better.

There was a water pump outside the Lodge, where we were "Huckleberry Finned" by the chore boy to pump for him as he filled up the water jugs for dinner. The food was always good and there was plenty of it. I was too young to partake in the "Tea and Cookies affair" as it was after my bedtime, but maybe next year!

We had plenty of room to play, could swim forever, and if we were lucky, get a ride in a boat, or the plane, but only if we completed some gigantic feat of endurance like swimming to the raft by ourselves.

Does this sound familiar to you? Did you, too, experience the magic of summer at one of the lodges on the Lake Kashagawigamog chain? Perhaps at Royal View, Bonnie View, Chinook, Wigamog, or maybe even the "Castle," known as Chateau Woodland? Or maybe it was in one of those far away places like Sunny Rock, or Silver Point?

The Haliburton Highlands Museum is working on a history of the resorts and lodges in the Highlands. We need your help to fill in the numerous gaps in the fascinating history of that era. Pictures, postcards, memorabilia, posters, memories and tales and whatever else you think would help us complete the story of that wonderful era of "the Lodges." From the early 1920s to the turn of the century and beyond, they are looking for your help. You can reach the museum by phone at 705-457-2760, by email at info@haliburton-highlandsmuseum.com or simply stop by any time we're open – Tuesday to Sunday and holiday Mondays 10 a.m. to 5 p.m.

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Workshops on sustainable living



Paula Martin enjoys
Magnificent Hill U-Pick
Raspberries

Continued from page 4

ating an affordable end result. The black mulch will not only repress weeds but will allow condensation to build up resulting in a lot less watering and the mulch will keep in the much-needed heat to aid in the production of such delicate products as sweet potatoes and peppers. We are

now at a point of being able to respond to some of the talk and doing what we can to answer questions about living sustainably in this modern age. One way we are aiding to answer questions is by offering workshops on how to:

Preserve fruits and vegetables, drying herbs for teas and cooking, and by offering individual and group farm tours twice a week.

I believe that in the near future the greatest level of power will not be in how much one has stored up in his or her bank accounts, or how many friends one has on his or her social media page, but in the moments when we sit down to eat a full course meal and know without a doubt where the food came from.

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Haliburton Highlands cottager releases fourth mystery novel

Story by Angelica Blenich

Robert Rotenberg is considering renting out his cottage on Drag Lake for the summer.

A bestselling author and practicing lawyer, Rotenberg is finding it more difficult to spend time at his beloved cottage in the Highlands, a place he often retreats to write.

A criminal lawyer based in Toronto, Rotenberg recently released his fourth work of fiction, titled *Stranglehold*.

Although he juggles two demanding careers simultaneously and is married with three children, the author doesn't plan on slowing down anytime soon.

For him, having the chance to write and publish books is a gift he never takes for granted.

Every time he walks into a bookstore and sees his novels on display he is filled with an emotion that is difficult to describe.

"It's overwhelming ... it's kind of like did I really do that?"

The first four novels follow detective Ari Greene as he searches for justice in Toronto.

Stranglehold takes readers through Toronto's mayoral election, where the chief of police is hoping for a spot in public office.

However, when Greene is arrested for first-degree murder, things are not as they seem as the detective awaits his trial and attempts to clear his name.

While his work is fiction, Rotenberg does incorporate real life events into his works.

"In the new book, Hap Charlton, who's running for the mayor of Toronto, is a big guy, a part-time rugby coach at his old high school ..." Rotenberg laughs before trailing off.

Fiction or not, Rotenberg tries to write about "a very real place at a certain moment in time."

"I don't want the books to be all about how cute and perfect Toronto is and multi-cultural and nicey nicey," he said. "I'm more interested in what's really going on."

While *Stranglehold* was only released in May, Rotenberg is already steps ahead, working on his fifth book, which he admits he is behind on.

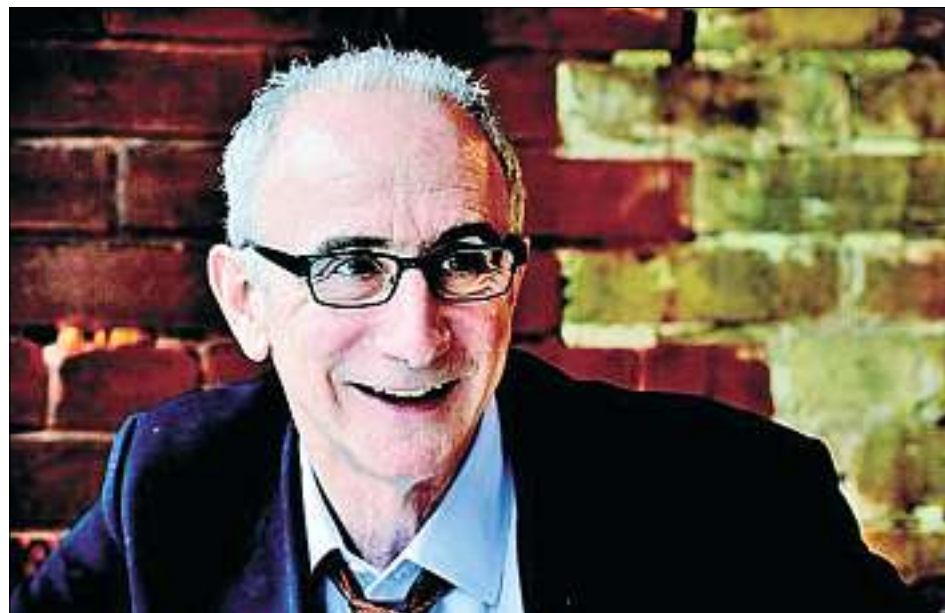
Typically releasing a book a year, Rotenberg is always on a tight production schedule.

"I never miss a deadline, it's the lawyer in me."

Interestingly enough, the yet to be published book does not follow the series Rotenberg established in his first four books.

"It's a totally different idea and I'm finding it really challenging but interesting."

Rotenberg thoroughly enjoys the writing process, especially the input he receives from his readers while they are poring through his novels.



Haliburton Highlands cottager Robert Rotenberg recently released his fourth mystery novel, titled *Stranglehold*. The book takes readers to the streets of Toronto once again as they follow detective Ari Greene. Photo submitted

"Bessie Sullivan [Haliburton County librarian] wrote me and said 'I'm on page 140 [of *Stranglehold*] and I think so and so did it,'" said Rotenberg.

The author responds to all the emails and letters he receives from his readers, citing it as one of the best parts of his job.

"It sounds egotistical but the real reason you do this is to touch people, that's what it's all about."

In a way the characters become friends and the books are like your children, which makes it impossible to choose a favourite one, said Rotenberg.

"Not to sound too proud but I think the books really stand up ... I feel like I'm just learning ... My goal is always

to make it better."

With a goal of writing 20 books in 20 years, Rotenberg has to conceive 20 good murders.

"Only 16 more murders to go," he said.

The consummate editor, the published author spends about 80 per cent of his time cutting stuff out of his novels, he said. Extra words and typos are amongst his biggest pet peeves.

"I figure when my time comes I'll be saying to the angel of death can you wait just five minutes, I've just got this one more paragraph I have to edit two or three more words out of."

Stranglehold is available at the Haliburton County Public Library and Master's Bookstore.

“It's a totally different idea and I'm finding it really challenging but interesting.”

—Robert Rotenberg

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Art Workshops – 2013

Highlands East Studio Tour is expanding the workshops that were introduced in 2012. This year we are offering **three** workshops

Level 1 – **Mastering Techniques in Acrylics** with Peter John Reid
July 29, 30 and 31 at the Robert McCausland Centre - Gooderham
Cost per person - \$175.00

Introduction to Watercolours with Wendy Bachiu
August 9, 10 & 11 – Robert McCausland Centre – Gooderham
Cost \$150.00 per person

Level 2 – **Mastering Techniques in Acrylics** with Peter John Reid
August 12th to 16th – Robert McCausland Centre – Gooderham
Cost per person - \$290 Following the completion of the third workshop session

There will be an "Art Show" to enable the artists to display and / or sell their work.

Art Show will be held the evening of August 16th 7:00-9:00pm and August 17th 10:00am – 5:00pm.

For placement and registration for these courses as well as the course outline and required supplies, Please contact: Jan Simon at JanDreamweaver@aol.com or 705-448-2868

Space is limited for each course, so early registration is recommended

Let's keep the arts alive in Highlands East

A lake, a canoe and a fishing rod

Story and photo by Steve Galea

The canoe, stern in water, bow still dry on the beach, rocked gently with each little wave that rolled off the lake. Clouds, billowy, plush and white, drifted across a deep blue sky and a breeze, whispering good things about spring, gently shook twig and leaf. In the midst of all this was a sparkling lake wrapped tightly in the brightness of a brand new day.

We stood quietly at the landing, trying calmly to suppress a childlike sense of wonder. Not a boat was in sight. No sound, other than that made by lapping waves and rustling trees, marred the silence.

Ahead of us was an untouched lake. And not another soul was in sight.

There's something about this image – a peach of a day and an empty canvas of water – that makes an angler's heart beat just a little quicker. It might even take 40 years off a man my age, if only for a while.

And why not? There you are with all the ingredients for creating happiness laid neatly before you.

A lake, a canoe and a fishing rod – each, in its own way is designed to draw you away from the stresses of life; each is an excuse to move further from the road and closer to nature.

My friend and I assembled fly rods, attached reels and threaded line through the guides as we've done thousands of times before. We then came up with a quick plan to paddle up the lake, against the wind so that we could drift down again and fish the whole way back, powered solely by the whims of the wind and waves.

And that is just what we did all morning.

But we also did so much more.

We watched common mergansers skirt the edges of the sky, talked a bit about fishing and speculated where the fish might be. And then, somewhere along the way, decided that the day was too nice to worry much about that.

So we fell into the rhythm of the angling ritual and plied paddles in the water. We changed flies and cast to



There's something about an untouched lake that brings out child-like wonder in all of us.

likely and unlikely places. And not once did we worry about the things we were missing.

We eventually found some fish too. A short drift down from the beaver lodge, they lay in wait on bottom as small caddis flies hatched overhead. And when we back-paddled to slow down so that our lines could sink

further, we caught a couple – the first a bright brook trout and the second a hard-fighting laker.

Soon after, the bite died and we paddled back to that landing, content and a bit remorseful that the trip had ended. But grateful for a lake, a canoe and fishing rods.

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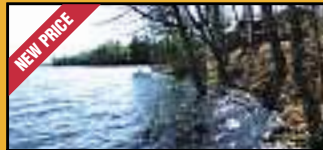
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Andrew Hodgson 286-2138 x 29



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- Beautifully renovated cottage/home
- 4+1 Bedrooms, 2 baths, full walkout bsmt
- Outstanding privacy, deep clean shoreline
- 2-lake chain, 15 mins. to Haliburton Village

Susanne James & Andy Mosher 457-2128 x 33



Growler Lake \$979,000

- Private 1.3 acre lot and 230 ft. of deep, clean waterfront
- Custom built 4BRs, 3 1/2 baths, attached double garage
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Valerie Kulla 286-2138 x 29



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- Pine floors, heated waterline.
- Propane and wood heat.
- Boat to Minden or Gull Lake.

David Lee 286-2138 x 27



Drag Lake \$550,000

- 4 Season Cottage On Bonham's Bay
- 1.06 acres with 167 ft waterfront
- Like New 4 bdr, 2800 sq ft total liv.
- Totally private lot 15 minutes from Haliburton

Gary Moffatt 457-2128 x 36



Family Home \$199,900

- 3 bedroom home on level lot
- 2 car garage
- Full partial finished basement
- Great location

Erin Nicholls 457-2128 x 34



Wenona Lake \$99,000

- Charming and cozy 2 bdrm cottage
- 1/12th ownership waterfront lot on Wenona Lake.
- Great sand beach, Close to Haliburton Village
- Outbuilding; year round access.

Karen Nimigon 457-2128 x 29



Green Lake Road \$339,900

- Direct waterfront! level, landscaped lot
- 3 bdrm, 2 bath home - full basement
- Cac & vac, appls., UV, septic, well, dock, dble gar
- Lawn tractor, snowblower, generator & much more!

Dawn Poissant 457-2128 x 31



Saskatchewan Lake \$349,000

- Beautifully finished inside and out!
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Greg Stamp 457-2128 x 28



Drag River 269,900

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- Very level lot, lots of play area
- Gorgeous Viceroy style, 3 bedroom, open concept
- Quality finishes, tasteful décor, scenic location

Kim Stamp 457-2128 x 24



Eagle Lake \$399,000

- Rustic 3-bed cottage on spectacular lot
- Great privacy, westerly exp., close to Sir Sam's Ski Hill
- 125' clear sandy shoreline, level w gentle slope
- Boat house, dock, lakeside deck! Don't Wait!

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Sports

Golden sweep for two Jaguars

Darren Lum
Staff reporter

Brittany Imausen and Kenndal Marsden are on top of the world.

Their smiles beamed with satisfaction after winning overall titles at the Trillium Lakelands District School Board district track and field meet in Lindsay early last week.

The obvious competitive drive was somewhat concealed by their pleasant and shy demeanour.

With gold medals in the 100 metre, 200 metre and long jump, the pair of J.D. Hodgson Elementary School students won the championship for their respective age categories: intermediate athlete Imausen and senior athlete Marsden.

"I thought, it's my last year so I'm going to put everything into what I was doing and really set my mind to it," Marsden said.

Imausen said she was hungry for success after not winning anything last year.

The pair credit their mothers for encouragement and inspiration.

They also said coach Blake Paton provided them with great instruction during pre-event training. He told them to "hit the ground hard," giving a powerful takeoff for long jump.

Imausen, who didn't win last year in junior, appreciated Paton's help with jumping in the pit event and endurance and corner-taking in the 200 metre.

In light of their talent and their results last year, their coach expected them to do well.

They put the work in for the results they achieved.

"They train hard and work on their technique. For the



Darren Lum Staff

J. Douglas Hodgson Elementary School athletes Kenndal Marsden, left, and Brittany Imausen are champions of the Trillium Lakelands District School Board district track and field meet. Intermediate athlete Imausen won her title taking gold in the 100 metre, 200 metre and long jump. Marsden won the same events for her title. Last year the school had the top senior boy and intermediate girl, who was Marsden.

jump it's essential and they stay focused. They do structured workouts and that's the reason for their success. This won't be the last we hear of them," Paton said.

Just like when Paton was training for the Ironman Triathlon, his athletes turned to "Rocky training." This refers to the movie series starring Sylvester Stallone who played a boxer who relied on traditional training methods.

Co-coach Dan Lapierre had the girls jumping a pool noodle to build strength in their jump.

Training was every recess three days a week.

Paton, a track coach for 17 years, said the girls' accomplishment is rare.

This is the second consecutive year the school has returned with a pair of overall winners. Last year Joseph Patrick won in senior and Marsden in intermediate.

Marsden is graduating and offered advice to Imausen,

who has every intention of equaling her teammate's title repeat.

"If you really put your mind to it and if you don't do well you'll still know that you did good in your heart," she said.

The school sent 20 athletes to the meet. They were juniors (grades 4 and 5), intermediate (grades 6 and 7) and seniors (Grade 8).

Other notable results include juniors Kolby Beardsworth and Isaac Little. Beardsworth was second in the 100 metre and Little came sixth in the 400 metre.

Paton said, "with the Jaguars it is all about the team. The junior boys, who are Chase Chalmers, Zach Morissette, Little and Beardsworth, were second in the 4 x 100 metre relay. The intermediate girls' team of Chloe Samson, Emily Klose, Shelby Nimigon and Imausen finished third. JDHES is proud of you all."

Golf's future talent showcased by Pinestone with nationals

Darren Lum
Staff reporter

For the second straight year the Pinestone Resort and Conference Centre is showcasing the country's next crop of golfers.

The Haliburton resort hosts the Canadian Junior Golf Association Championships from July 1 to 3.

It promises to be a display of 45 of the finest golfers across the nation.

The Pinestone's director of golf Gail Kivela said this is an

opportunity to show the resort's commitment to golf at the grass roots level.

"It is truly rewarding to see these young kids, some of whom aren't much bigger than their golf bags, out there loving the game and perfecting it," she said in an email. "We have, once again, donated the golf course for the two day event plus skills competition."

The public is invited to watch these future Mike Weirs and Lori Kanes.

The tournament starts with the skills competition on the first day at 5 p.m. The first round of the championships tees off at 11 a.m. on Tuesday. The tournament's second round

tee off is at 9 a.m. on Wednesday.

After the highly successful Minden Flood Relief Charity Golf Tournament earlier this month, the resort is readying for a few more charitable events: the Water Ambassadors Canada Golf Tournament on June 27, the Rotary Golf Classic on July 25 and the Volunteer Dental Outreach Golf Tournament on Aug. 15.

Nearing the end of summer, the resort will host the Special Olympics Golf Tournament on Aug. 22 and the Ontario Senior Games on Sept. 10.

"The Pinestone is proud to support the community through these events," she said.



Thank You!

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Keith Burley, who is seen here in uniform for his year's end inspection ceremony, is excited for his opportunity to be the first and only Royal Canadian Army Cadet from the Highlands to be accepted to the Canadian Forces Cadet Parachute Course this summer at CFB Trenton.
Darren Lum Staff



Third time is the charm for cadet's dream

Darren Lum
Staff reporter

While other teens were sleeping in and visiting friends, Keith Burley was working on fulfilling a dream to soar in hopes of earning his "wings" this past March Break.

Burley is a seven-year veteran of 1129 Haliburton Royal Canadian Army Cadet. He is the consummate candidate to be accepted to the Canadian Forces Cadet Parachute Course this summer at CFB Trenton.

He's virtually completed all of the summer training courses.

His highlights include being the regimental sergeant major of Blackdown, second in command (2IC) of a platoon the year before, and a drill and ceremonial instructor.

It's dream come true for the cadet chief warrant officer Burley, who calls this a "personal goal."

The recent graduate of Haliburton Highlands Secondary School is embarking on an experience no one else from the Highlands has ever achieved. Being the first appeals to the open-minded teen, who admits to being "conservative" in everyday life.

"A lot of kids sign up for it. There is a lot of honour, definitely. There's a lot of respect [paid] to those who do it. It's a pretty unique opportunity to be able to go out and get your certified parachutist course," he said.

This course, he argues, is a little more difficult than what the reservist regular force troops go through. He and the other recruits will be run harder because they are younger and will have the parachute instructors, who are known to be strict and task masters instead of a company sergeant major, for longer.

He will be one of 25 cadets from across the country taking the training. They were tested on aptitude, behaviour and physical fitness.

Burley said this is the "toughest course" of all the summer training available to cadets.

Better than any summer job, the experience is reward-

ing, as it is invaluable.

Since January he has been working out, preparing for the course he knows will test him. Confident in his training, he acknowledges the inevitable "hell."

"No matter how much you do train you're going to feel a lot of pain. The goal is to feel less pain," he said, referring to the training that is likely to induce vomiting and other discomfort.

The five weeks of training include two weeks of physical training, then two weeks of jump courses and ends with the "J" stage week. The physical training is like "boot camp," he said. There will be 16.5-hour days starting at 5:30 a.m.

First, the "Hollywood" jump is the easiest and most enjoyable since there is nothing but the jump to worry about. Close to 1,500 feet the trainees will jump from the plane with nothing but the chute.

The next three jumps include all the equipment: fake rifle, snowshoes, a rucksack and other gear loaded on the front of each jumper. Trainees then run two kilometres back to the landing strip to complete the jump.

The series ends with a night jump. It's the hardest one, he said.

"You don't know when to drop. You think you'll know when to drop your equipment, but the one guy dropped it way too early and broke everything and landed on it. He almost broke his leg," he said. "Every year there is someone who injures himself coming out of that plane because you're dropping 13 or 14 feet a second."

Burley in the days leading up to the training will do his best not to get hurt or sick.

Burley feels fortunate to have made the cut this time around.

After two other failed attempts (the first for a lack of merit and experience and the most recent due to a medical examination error indicating he had a heart condition that affects teens), he has no intention of missing his chance to earn his jump wings.

The outspoken teen is setting his sights on a career with the army in the Canadian Forces.

“

Every year there is someone who injures himself coming out of that plane because you're dropping 13 or 14 feet a second.

— Cadet Keith Burley

Part of his plan to join the army is to become a direct entry officer (DEO - a commissioned officer) following university. While in post-secondary school he plans to become a Cadet Instructor Cadre with the Ottawa cadets. This opportunity will give him the necessary experience to join as a DEO.

Unlike the paid parachute lessons that usually pair you with an instructor, Burley is anxious to be able to do it all himself.

"You're by yourself. As soon as you get off that plane you're by yourself. You're going over your flight procedures. And really if you mess up you're dead," he said. "It's not for the faint of heart or faint of mind. Sure, you can jump out of a plane with an instructor pulling a cord for you, but can you do it yourself and jump out of a plane and pull your cord, go through flight procedures, land properly and not break your leg?"

Parachuting with the military versus paying for it gives him undeniable honour and the recognition by the Canadian Forces. The reserves and the regular force recognize the wings he will earn upon completion.

"That stays with you all your life," he said.



Clockwise, from left, A/Captain Karin Aschenbrenner stands beside retired captain Mike Brodhagen; the 18 Haliburton Royal Canadian Army Cadets are led by chief warrant officer Keith Burley in the "Harlem shake," and retired captain Mike Brodhagen, centre, was the reviewing officer at the 28th annual inspection at the Royal Canadian Legion Haliburton Branch 129 on Saturday, June 15. Photos by Darren Lum



Cadets ceremony

The 1129 Haliburton Royal Canadian Army Cadet Corps. Hastings and Prince Edward Regiment showcased what they learned this year at the 28th annual inspection at the Royal Canadian Legion in Haliburton on Saturday, June 15. Sponsored by Branch 129, the corps invited retired captain Mike Brodhagen to be the reviewing officer. Cadets advance through the five levels building upon each that help to promote and foster leadership, citizenship, self-reliance, physical fitness and respect for others.



Fashion with flare for Haliburton Hospital Auxiliary

Angelica Blenich
Staff reporter

There were splashes of colour, sequins and scarves at the Haliburton Legion on June 23 for the Spring Fling fashion show, raising funds for the Haliburton Hospital Auxiliary.

The event included fashions from Cathy Allan Ladieswear in Lindsay, modeled by volunteers.

More than 100 tickets were sold for the fundraiser, which included silent auction baskets with treats from local businesses such as Wintergreen Pancake Barn, Momma G's Tea and Haliburton Soap Factory.

A scarf demonstration was done by Carolyn Bebee and Suzanne Sovereign.

All proceeds from the fashion show are going to support the Haliburton Highlands Health Services, to which the Haliburton Hospital Auxiliary has a \$71,000 commitment.



Carolyn Bebee models a scarf while she demonstrates how to wear and tie it.



Angelica Blenich Staff

Lorraine Semple, far right, models a jacket and other fashions by Cathy Allan at the Haliburton Hospital Auxiliary's fashion show fundraiser on June 23 at the Haliburton Legion. The afternoon event featured clothes from Cathy Allan Ladieswear, located in Lindsay, tea and desserts, a silent auction and a scarf demonstration.

FATHER'S DAY PHOTO CONTEST RESULTS: CONGRATULATIONS FATHERS!



1st

Andrew Legge

Ten-month old Nessie takes her first ride on a John Deere tractor. My dad is special because he loves me so much that he decided to stay home with me for six months of the first year of my life. What a special time we have had! He plays with me, we go hiking and swimming, he makes me laugh, and most importantly he makes me feel safe and sound. I couldn't ask for a better daddy! Love Nessie



2nd

Rob Dillane

My dad is the best because he took me for my first boat ride, and he loves me! Love Michael



4th

Chris Martin

Our daddy is special because he made a very big garden with us with lots of vegetables and flowers. He takes us for bike rides and family trips. He gives us lots of hugs and kisses to show he loves us and that we are special to him. Our daddy is the best in the world; we love him to the moon and back. XOXO; Daddy is our hero. Love Kaydan and Logan



5th

Tim Keefer

Our dad is special because he makes time to take us camping, fishing, golfing and to play hockey. He is always teaching and helping us to grow every day. Love Ethan and Dylan



6th

Jeremy Upton

Dad is special because he takes us all fishing. Love Spencer, Athena, and Lucas



7th

Matt Tripp

My dad is special because we go four-wheeling together. Love Logan



8th

Steve Davis

Steve and his son Jacob enjoyed the ride at last year's Kinmount Fair.



9th

Scott Clark

Baby Allie with her daddy, Scott.



10th

Ted Parish

You are the best Poppa anyone could have. Love Brian, Micheal, Jackson and Nicole



11th

Ross Keefer (middle)

Our dad is special because he always goes the distance for us and our grandchildren, putting our wants and needs before himself. Love Jamie (left), Tim (right), Monica, Ethan, Dylan and Chase



12th

Tim Pringle

Tim with daughters Casey, Cody and Nicole at hunt camp on Naiscoot Lake, summer of 1998.



13th

Justin Rowden

Justin with baby Amelia and son McLean.



14th

Carl Dixon

Carl with daughter Carlin in Florida.



15th

Jeremy Manning

Caleb, Lily and Jacob with their dad, Jeremy.

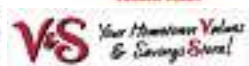


16th

Jami Swinson

Daddy and Rob!

Prizes sponsored by:





Darren Lum Staff
Clockwise, from top, tourists from Turkey saw sculptures like Redwing Frond by Darlene Bolahood; a tourist listens intently to the guide talk about the sculpture To Cut or Not to Cut by John Beachli, and then all 18 tourists pose for a photo at The Sleep of the Huntress sculpture by Doug Stephens at the Sculpture Forest at the Glebe Park in Haliburton on Wednesday, June 19. It was part of a seven day visit to the Highlands, including one day trip to Muskoka. There were 18 tourists who were visiting as part of an invitation by the Friendship Force of Haliburton Highlands.

Friendship shows Highlands

The Friendship Force of Haliburton Highlands hosted 18 tourists from Turkey, who were embracing the best of the area through the members of the Haliburton Highlands local club.

They stayed in the Highlands with Friendship members, who not only provided accommodations, but also guided the tourists, giving them a local insight, from Friday, June 14 to June 20, including one day in Muskoka. With five full days, the diverse group of professionals (retired surgeon, and newspaper publisher as examples) from urban centres, fished, participated in a fabric art workshop, learned about wood

carving and sculpting, listened to the Highlands Swing Concert, visited the Haliburton Highlands Museum and hiked and canoed during the Haliburton Forest Canopy Tour.

Friendship Force International encourages an exchange of cultures to promote mutual respect and to build relationships. It has more than 18,000 members and provides 300 programs a year in 377 communities in 56 communities.

There are 75 members in the Highlands and the local volunteer club started in 2007.

See www.friendshipforce.org for more information.



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Local kids waiting for Big Brothers Big Sisters

➤ Few barriers exist for adults wanting to mentor a child

Jenn Watt
Editor

For Cassidy Davis and Michele McTeague, joy is making chocolate chip cookies.

It is going to the park, eating poutine in Haliburton, taking a drive somewhere new.

McTeague and Cassidy have been buddies for about a year and in that time have fostered a close relationship through Big Brothers Big Sisters.

"Just seeing her makes me smile," says 12-year-old Cassidy, a student at J.D. Hodgson Elementary School about McTeague, who has been her "Big Sister" since last July.

"Everybody [at school] knows about Michele."

Cassidy has wavy hair, glasses and a palpable connection to her Big Sister. While being interviewed about her experience in Big Brothers Big Sisters, she giggles, bounces in her chair and glances often to her mentor, who returns her enthusiasm with warm smiles, nodding encouragement at her stories.

"It's a good way to get out of your house and experience new things," Cassidy says.

Once a week, McTeague picks Cassidy up from school and they hang out until 5 p.m.

In the past they made applesauce together, baked cookies and made a gingerbread house. They often make a stop at Momma G's Tea shop in Haliburton for an after-school treat.

Their relationship is a special one, but also rare in Haliburton County.

Few know Big Brothers Big Sisters exists in the area, with



Jenn Watt Staff

Big Sister Michele McTeague has tea with Little Sister Cassidy Davis after school at Momma G's in Haliburton. McTeague and Cassidy have been meeting every week for a couple of hours for almost a year. It's been a rewarding relationship for both of them.

the branch office in Lindsay.

There are currently just eight matches in the county.

"It's tough for us to get that word out when we're down here in Lindsay," says Jim DeFlorio, executive director for the organization's local chapter.

"We have kids waiting. ... We have a 12-year-old girl waiting there right now. I tell you, she could use a Big Sister."

The charitable organization matches boys and girls ages six to 16 with adults over 18 years old. They screen volunteers and evaluate children who would benefit from additional guidance or social time with an adult.

Often, the "Bigs" are matched with "Littles" who are missing a particular role model in their lives, or who could use a bit more attention.

"Children benefit from more attention. I think all kids like one-on-one attention," DeFlorio says.

The executive director has been involved with Big Brothers Big Sisters for 16 years.

He said the adults in the relationship can help broaden the horizons of the young people, taking them places they've never been, giving them new experiences.

But it doesn't have to be expensive.

"It's about friendship, it's about hanging out with one another, [like] getting together to play instruments," he says.

Some adults think the program would be too much of a commitment – of time and money – but being a "Big" is not as involved as it may seem.

Big Brothers Big Sisters asks volunteers to commit to three to four hours a week with their "Little," and accommodations can be made for those who leave the area for vacations.

"[Some] go away for three months in the wintertime, so they think they can't commit," the executive director says.

In fact, his organization has been able to successfully match "snow birds" with young people using computer technology like Skype and careful planning.

"As long as a good line of communication is there," he

“

It's tough for us to get that word out when we're down here in Lindsay.

— Jim DeFlorio
Big Brothers Big Sisters

says.

McTeague has been a longtime volunteer with the program and still keeps in touch with her former Littles.

"You always maintain that relationship," she says.

The Big Sister would recommend the program to anyone with an interest. The time and cost commitments are minimal, she said, and you always have something you can contribute to the life of a young person.

"A lot of people don't realize how much [they] have to offer," she says, "Do you know how to make cookies? Do you know how to make castles in the sand?" Then you can be a Big Sister.

There are, of course, several steps of screening necessary to join the program – an OPP check, references, child safety evaluation, training and a home interview.

For more information, call the Kawartha Haliburton branch at 705-324-6800 or go to www.bigbrothersbigsisters.info.

There are kids waiting for Big Brothers and Big Sisters from Cardiff to Minden and points in between.



Looking for teams for the Pins & Sticks Tournament.

We are taking teams of four or singles, will be taking registration from now until **August 15th 2013**. You can also email us at fastlanebowling@gmail.com or come by to register.

The tournament will be on
August 24th, 2013 @ 9 am starting with golf.

The pins and sticks will be nine holes of golfing and 3 games of bowling, darts and a light lunch. Cost will be **\$40.00** per person.

Youth bowling will be starting on **June 29th and every Saturday** after that for the months of July and August. Time will be at 1 o'clock to approx. 4. Parents take advantage of the government incentives, i.e. sport of bowling. Ages 4 and up Everyone is welcome, so come out and sign your child/children up.

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Fri & Sat	11am – 12pm
Sun	11am – 6pm



I'm back in school and loving it!

Did you miss me? Well, I sure missed you, although I've been so busy taking classes in social media at Algonquin College in Ottawa with classmates one third of my age that I've hardly had time to blow my nose, let alone Skype my pals, Vilma Yuccch, Twindle Mumbly, Beanpole Starkman and Stanley Penelope McBottom back in Lake WhaddyathinkImean, don'tcha know.

Yes, SKYPE! Now, don't pretend you haven't heard of it.

It's just one of MANY new ways we can be social with folks we love long distance over the Internet.

Even around the world.

And the best part ... it's FREE! So, if you haven't downloaded Skype to your computer yet ... just ask somebody who knows how to do it, to do it for you.

Boy! You'll be happy you did.

Remember the old Star Trek shows with folks in outer space talking to people on Earth ... on a screen?

Well, that's what you can do right now with Skype on your very own computer screen ... and even on some smartphones. Why it's downright amazing!

So, what compelled ol' Maybelle to go on this big five courses in five weeks social media adventure at my age?

Well, like I've always said: The only thing that's old about ol' Maybelle is my hair. That's because I keep my brain sparked and busy learning new things. And boy, if the new social way people are communicating on the Internet isn't top of the list, don'tcha know.

I want to keep up with the times. I'm not ready to let the world pass me by.

Sure, I was throwing my own private snit about technology changing so fast in MY lifetime. I mean, how DARE IT!!

I thought: I have to learn all this SOCIAL MEDIA STUFF? No way! Not ME!

But now, you should see the smiles on my nieces' and nephews' faces when they get a tweet from ol' Maybelle on Twitter. Or, when I comment on what they've written or a photo they've posted on their Facebook page.

Maybelle's



Fireside stories

And TEXTING! Why, I send them text messages on my smartphone, and it costs so little I hardly even notice it. And my niece is living all the way down south in Mexico, don'tcha know.

I've even RE-connected with "kids" I went to school with back in the dark ages.

Why we used to beat drums to get our messages across then. (Just pulling your chain.)

We beat carrier pigeons to the task on horseback. OK ... snail mail, don'tcha know.

I feel especially giddy about my very first class assignment. It got me creating a new blog.

Why I even learned how to add a video of ol' Maybelle playing ukulele on it.

That's right. And I'll be doing a whole series of videos that you can see.

But, the most important thing is ... I'm writing about things that make my life as a senior citizen more fun, exciting and comfortable. And, when I realllly like a product, service, or "experience," it gets ol' May-

belle's stamp of approval, don'tcha know.

And, when it comes to using social media, I'm not alone.

Did you know that the fastest growing group on the Internet is users 74 and older?

Why social network site usage for seniors has quadrupled since 2008, from four per cent to a whopping 16 per cent. How do you like them apples?

Thirty-nine million of us aged 65 and older use Facebook, Twitter, and Skype. And, oh how we love watching YouTube ... sometimes from our iPads, don'tcha know.

Just one more week and I'll be a totally certified social media gal, busier than ever blogging and reviewing all kinds of things of interest to Boomers and Seniors.

So, come join me online at: <http://maybelleapproved.com>, and leave a comment. After all, that's what it's all about ... community-cating, don'tcha know.

And, I'll still be right here sharing all the latest news about cottage life and friendship in Haliburton's kissing cousin ... Lake WhaddyathinkImean.

Maybelle's Fireside Stories is written by Jerelyn Craden. Follow Maybelle online at <http://maybelleapproved.com>

www.haliburtonecho.ca



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Point in Time celebrates successes at AGM

Angelica Blenich
Staff reporter

They have achieved many things to be proud of in the past year.

The board and staff of Point in Time Centre for Children, Youth and Parents reviewed the past year at the organization's annual general meeting on June 18 at the Haliburton Curling Club.

During her opening remarks, board president Marie Gage described the organization, which delivers support services to families in Haliburton County, as innovative.

"I'm very proud to be a part of this organization," she said. "Point in Time is making important programs happen."

Some of those important programs were highlighted at the meeting and include the recently launched Youth Engagement Team (YET).

Under the direction of staff member Mary Sisson and Haliburton Highlands Secondary School teacher Martin Gage, the YET was comprised of high school students who met regularly to tackle issues that are affecting youth mental health.

Throughout the school year the YET put together a no chirping campaign for students at HHSS, recognizing the negative effects chirping, a term used to describe verbal insults or jokes, was having on students.

The campaign included bracelets handed out to students to show their support for the program and was capped off with a fun day at the Rails End Gallery and Arts Centre.

YET members Joanie Tyler and Mia Kocot provided an overview of the campaign at the meeting and believed it had proved to be an effective way of reaching students and changing attitudes towards chirping.

Another highlight of the year for Point in Time was achieving accreditation status, which puts the organization in a very strong position moving forward, said Gage.

Under the direction of executive director Marg Cox, the organization met a standard of excellence, which resulted in Point in Time being one of the first Ontario Children and Youth Mental Health agencies to be accredited by the



Angelica Blenich Staff

Executive director of Point in Time Centre for Children, Youth and Parents Marg Cox, far left, recognized individuals who make the organization and its programs run effectively and enthusiastically at the annual general meeting on June 18. From left, Brad Park, Joanie Tyler, Larry Hope, Mia Kocot, Dawn Milburn, Marie Gage, Joyce Pruyers and Leigh-Ann McLean. Front row from left, Martin Gage and Mary Sisson.

Canadian Centre of Accreditation.

With potential changes coming down the pipeline from the ministry, the accreditation puts the organization in a very strong position, said Gage.

"Other organizations are taking note of the things we're doing," she said. "I think for a small, rural community that says something about our organization."

Cox commended the staff for all their hard work in achieving the accreditation status.

"They went through their own self-imposed boot camp to get it," she said.

New programs that were introduced this year include Mindfulness Martial Arts, a program specifically aimed at

reaching out to males.

There were two groups of MMA offered at HHSS with a number of positive responses from the students.

The 20-week program uses techniques such as martial arts, yoga and cognitive behavioural therapy to increase self-regulation skills in youth.

Participants of the program found they were more confident, had more courage and more friendships after completing MMA.

"I think for preliminary findings these are very powerful," said Cox.

Those involved in the program believe it should definitely happen again.

A number of staff and volunteers were recognized for their contributions and years of service to Point in Time.

Cox thanked Dawn Millburn for her five years of service working at the organization.

"She certainly keeps me organized," said Cox.

Volunteers such as board member Joyce Pruyers, Haliburton Foodland's Brad Park and Leigh-Ann McLean, of Minden's Canadian Tire were also thanked for all they do for the organization, which includes lending their time, donating food for the snack program, and providing financial support for recreational programs for children.

JULY 4TH - 7TH, 2013
BANCROFT WHEELS, WATER & WINGS WEEKEND

Midway - Thursday July 4 - Sunday, July 7
(behind the IDA)

WHEELS! Friday, July 5, 6 - 11pm
Classic Car Show
Freddy Vette & The Flames - 8 pm
Professional "Ribber" Fri - Sun.
Kids activities - Candy Floss - BBQ
In-store specials at participating retailers!

WATER! SPLASH!
Splash! - Saturday 11 am on Flint Ave.
Driftwood Art - Live band
Paddles painted by local artists
Canoe cut-outs for kids and more!
Millennium Park - Saturday 10 am - 2pm
Back to the Future Boat Show & Boat Sale
(bring your boat to sell!)
Family Water Activities
Ducky Race Noon at Millennium Park Bridge-Hastings St. by Remax 2-5 pm
Amateur Rib Contest -
BYOBBO - Contact revliz50@yahoo.ca to register in advance - \$10 entry fee

WINGS! Sunday, July 7 8-11
Fly-in Pancake Breakfast - Airport 8-11 am
Airplane rides for hire - Sat. & Sun.

10
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Gooderham offering full line-up on Canada Day

➤ Festivities include live music, horseshoes, softball and a clown

Once again, it is time for Canadians to celebrate being part of this wonderful country and Gooderham will be doing it in style this year.

The celebrations will be held in the centre of Gooderham at the Robert McCausland Memorial Community Centre.

There will be an "Odds and Sods" sale, horseshoes, softball, barbecue, live band, fireworks and plenty of fun.

If you are into classic and antique cars, we will have a few of those for you to look at as well.

Special thanks to the Gooderham Community Action Group and the Gooderham Station 3 firefighters for taking care of our Canada Day events again this year.

We must also thank Heritage Canada for approving \$1,700 in federal funding to help us celebrate Canada's birthday this year.

We also wanted to be sure that as many people as possible could attend. So, although July 1 is Canada's official birthday, we will be holding our celebrations on Sunday, June 30.

The day will start at 10 a.m. with the "Odds and Sods" sale, which will run until around 3 p.m.

Because it is a combination yard sale and craft sale, you will find items that are unique and different.

Also, if you have something to sell, please contact Sharon Stoughton-Craig at 705-448-2981 ext 227.

If you are interested in playing horse-

shoes, the horseshoe pits by the community centre is where you want to be.

Teams will be put together based on skill levels so that everyone can play and have fun. Please be there by 2:30 p.m. You can also contact Ron Barr at 705-447-3092 for further details.

If you are from Gooderham or Irondale and would like to play or cheer on your community's slow-pitch softball team be at the community centre ball diamond by 2:30 p.m.

It is a game where all members of the family can play. So if you are a man, woman or child and want some friendly exercise, please contact Ken Craig in Gooderham and Irondale folks can contact George Simmons.

Children enjoy being with Clara the Clown from 5 until 7 p.m.

She has a lot of games and interactive stuff for kids to do.

Rumour has it that The Highlands Trio may also have something for the kids, as well.

As a special feature, The Highlands Trio will be performing their first outdoor concert of the season.

Dave, Frank and Mike put on an excellent show and will be performing from 6:30 until 9:30 p.m.

They have a great cross-section of music that, when combined with their personalities, will keep you entertained all evening.

Our resident pyro-technician, Brian Horner, says that this year's show will be better than last year and our master barbecue chef, Kevin Murphy, will make sure that you won't leave hungry.

We are expecting close to 2,000 people to attend this year's evening events.

So, grab your lawn chairs and come



The Highlands Trio will be entertaining the crowds at the Gooderham Canada Day festivities on Sunday, June 30. Photo submitted

out early because parking will disappear quickly.

Remember that it is being held on Sunday, June 30, and not on Monday and it's free.

For more information on Gooderham

Canada Day, please go to the Gooderham Exploration Centre or online at www.highlandseast.ca or www.gooderhamontario.ca.

Submitted



Flower time

Hanging flower baskets have returned to Haliburton's main street as part of the BIA's efforts to beautify the downtown. Alongside the new street clock and the streetscape, things are looking spiffy on Highland Street.

Jenn Watt Staff

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Watch for firefighters' green light

All drivers in Ontario are familiar with the emergency red flashing lights and sirens on police cars, ambulances and fire trucks, and know that they are required by law to pull to the right and stop when they see or hear them coming. But not everyone is aware of the volunteer firefighters' green flashing light.

In a large city, emergency vehicles are manned by full-time personnel, who use the red lights and sirens to get through traffic to the scene of an emergency in a hurry.

Seconds count in a fire or rescue situation, and time lost en route from traffic congestion can make the difference. For those of us in rural and smaller urban areas, we receive our fire protection from volunteers, who often respond to emergencies in their own private vehicles.

These vehicles are not equipped with red lights or

sirens that make them stand out from any other vehicle on the road. When the call for help comes in, our personnel may be at their regular job, at the beach with the family or sleeping in the middle of the night.

They drop what they are doing and immediately respond to the fire hall to drive the fire trucks to the emergency scene.

Once the trucks have rolled, those who did not make it to the hall will continue to the emergency in their personal vehicle.

The problem used to be that regular traffic did not know that an emergency exists and unknowingly held up firefighters hurrying to the call or to the hall to get the fire trucks on the way.

To help the public identify these firefighters respond-

ing in their own vehicles, the Ministry of Transportation amended the Highway Traffic Act to allow volunteer firefighters responding to emergencies to use a light that flashed green.

The green light gives the firefighters no special privileges when responding to an emergency.

It is used only as an identifier to the drivers of other vehicles so that they may give up their right-of-way and allow the firefighter to get to the emergency unimpeded.

The use of the light is controlled by the fire chief, who has the authority to allow or terminate the firefighter's use of the light

The Ontario Highway Traffic Act states: A firefighter may carry on or in his or her vehicle a lamp that produces intermittent flashes of green light and may operate the light if the motor vehicle is proceeding to a fire or other emergency.

Likewise, the Act has this to say about others using the Green Light: No person other than a [firefighter] shall operate a lamp that produces intermittent flashes of green light.

If you see a vehicle with the tell-tale flashing green light activated, you now know it's one of us, on our way to help one of our neighbours.

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Submitted by the Dysart Fire Department

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MPP Laurie Scott wades into email scandal

Local MPP Laurie Scott has waded into the Liberal email scandal regarding cancelled gas plants in Oakville and Mississauga.

In a press release, the Conservative member referred to Ontario's Information and Privacy Commissioner Dr. Ann Cavoukian releasing a report that found that senior Liberal political staff deliberately deleted pertinent emails. During her investigation, Dr. Cavoukian concluded that laws were broken in the \$585 million gas plant cancellation matter.

"This confirms what we have been saying all along. The McGuinty/Wynne Liberals will do whatever it takes, including breaking the law, in order to avoid being held accountable for this waste of a billion dollars of taxpayers' money in order to save Liberal seats," Scott said. She said Dr. Cavoukian severely scolded the Liberal government and said that Premier Dalton McGuinty should have known better.

Scott said it was even determined that the former Energy Minister Chris Bentley deleted all of his emails. She said the minister of energy's office produced absolutely no records pertaining to the gas plant scandal because they had all been deleted. Scott went on to say, "It is very obvi-

ous that despite the premier's attempts to distance herself from the actions of her predecessor, her primary concern is clearly holding on to power at any cost. This government will stoop to whatever depths are necessary

in order to accomplish that."

The Conservatives have asked the Ontario Provincial Police to investigate. Liberal nominee Rick Johnson responded that "various committees are investigating

the gas plant issue. It is common knowledge that all three parties and their leaders were committed to cancelling the gas plants. I hope all parties and all people called to the investigations are open and truthful."

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Health unit asks parents to monitor kids' salt intake

When it comes to sodium, how much is too much? More importantly, how much is too much for children?

This is a question the Haliburton, Kawartha, Pine Ridge District Health Unit is hoping parents will ask themselves about their own children.

"Adults are becoming better educated about the need to decrease the levels of sodium in their own diets to help reduce their risk of disease, but parents may not think the same way about their children's diets," says Elsie Azevedo, RD, a public health nutritionist with the HKPR District Health Unit.

"Like many adults though, children are eating too much

sodium and a high sodium diet when they are young can lead to health problems for those children later in life."

Most Canadians consume approximately 3,400mg of sodium each day, Azevedo says, which is more than double the necessary amount.

Healthy adults need only 1,500mg of sodium each day while healthy children require between 1,000 to 1,500mg of sodium each day depending on their age.

Sodium helps regulate fluids and blood pressure, but too much sodium can lead to high blood pressure, which is a major risk factor for strokes, heart disease and kidney disease. Azevedo says it's important to get children on the

path of healthy eating when they are young so their good eating habits can continue into adulthood.

"With hectic schedules many families feel there is no alternative but to choose fast foods or convenience foods to feed their families," Azevedo says.

"These are often are the worst culprits for sodium."

Tips to reduce the amount of sodium for children include:

Prepare more meals at home using fresh foods - pizza, sub sandwiches, hamburgers, hot dogs, soups, and pasta dishes contain a lot of hidden sodium.

When cooking, make extra pork, chicken or beef and use leftovers for sandwiches on whole grain breads.

Encourage your children to eat more vegetables and fruit instead of high sodium snacks such as chips, crackers and processed snack foods.

Serve carrots, cucumbers and red pepper rings with low fat sour cream mixed with herbs to dip.

If using canned salmon, tuna or beans, rinse them prior to use to reduce the amount of sodium.

Read food labels - Look for the percent (%) daily value of see AVOID page 37

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Branch's 85th anniversary Aug. 17



Legion br. 129

Haliburton Legion

Weekly Activities

Wednesdays
Bid Euchre 1 p.m. start
Bingo Doors open at 6 pm, Bingo starts at 7 p.m. – \$500 Jackpot
\$1,000 jackpot – Last Wednesday of the month and every Wednesday in July and August

Thursdays
General Meeting Second Thursday of every month starting at 7:30 p.m All members urged to attend
Fridays
Meat Draw Five Draws, Five Prizes each draw, First draw at 4:30 p.m., last draw at 6:30 pm, tickets are \$2 per draw
Saturdays:
50/50 Draw 4 p.m. draw, tickets are \$1 each from noon on

Upcoming events

85th anniversary celebration party – Saturday, Aug. 17
Everyone is welcome. Please come out and support Haliburton Legion Branch 129. Proudly celebrating our 85th anniversary.

Bid euchre Mondays



Legion br. 624

Jan Simon PRO
Wilberforce Legion

Monday: Bid euchre, 7 p.m.; Wednesday: Fun Darts, 7:30 p.m.; Friday: Community Care 55+ lunch everyone welcome call Gwen 705-448-2106 to register; Pool, 1:30 p.m.; Jam Session, 7 p.m. Come to play or listen to great music. Saturday: Ladies Auxiliary Garage Sale – at the branch 10 a.m.; Meat Draw, 2 to 5 p.m.; Sunday, Pancake/sausage breakfast.

There will be a horseshoe tournament on Sunday, June 30 starting at 12:30 p.m. sharp. Pre-registration: guaranteed places for the first 32 paid participants. Further registration 11 a.m. to 12 p.m. \$10 entry fee. Cash prizes for first, second and third. Call 448-2221.

Avoid the salt shaker, dietitians say

from page 36

sodium in the Nutrition Facts table on food packages and choose foods that contain five per cent or less or 200 mg of sodium or less per serving.

Avoid the salt shaker – remove the salt shaker from the table and try a variety of spices for added flavour for foods.

For more information, quizzes, recipes and ideas, adults and parents can visit www.sodiumhowmuch.ca or follow the health unit's Facebook page devoted to sodium - www.facebook.com/SodiumHowMuchIsTooMuch



Follow the local health unit on Facebook for tips on lowering your sodium intake.

Notices



Municipality of Dysart et al

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SURPLUS LAND FOR SALE

As per Policy No. 23, Council, at its meeting held on May 27, 2013 declared the following parcels of land surplus to the needs of the Municipality:

- Roll No. 013-000-04817 Pt Lt 32, Conc 10, Lot 17, Plan 607, Township of Dysart, (Harburn Road, County Road 19)
- Roll No. 013-000-04818 Pt Lt 32, Conc 10, Lot 18, Plan 607, Township of Dysart, (Harburn Road, County Road 19)
- Roll No. 013-000-04819 Pt Lt 32, Conc 10, Lot 19, Plan 607, Township of Dysart, (Harburn Road, County Road 19)
- Roll No. 030-000-76600 Pt Lt 24, Conc 12, Lot 5, Plan 499, Township of Harcourt, (Benoir Lake, Elephant Lake Road)
- Roll No. 061-000-15800 Pt Lt 27, Conc 5, Lot 5, Plan 540, Township of Havelock, (Little Kennis Lake, Watts Road)

For further information regarding these lots, please visit www.dysartetel.ca where you will find a page for Contracts, Property and Employment Opportunities under the Services tab on the menu bar. To make an enquiry or an offer on any of the subject properties, please contact Cheryl Coulson, Clerk at 705-457-1740 or via email at ccoulson@dysartetel.ca for further details.

SEEKING MUNICIPAL APPOINTMENTS

Both the Haliburton Highlands Museum Board and the Environment and Green Energy Committee are seeking public appointments due to recent resignations. If you are a resident of Dysart et al and are available to participate in regular meetings and special events, please submit an expression of interest outlining the skills and experience that you can bring to either of these unique groups.

Expressions of interest will be received by email at: ccoulson@dysartetel.ca no later than July 16, 2013. All Dysart et al meetings are held in the Municipal Council Chambers at 135 Maple Avenue in Haliburton and operate using an online electronic format. Please login to www.haliburton.civicweb.net to review background information, including historical agenda packages, relevant to these Committees or www.dysartetel.ca for general information regarding initiatives being undertaken by these groups.

Coming Events

11th Annual Stanhope Heritage Day

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July 20th, 2013 from 9 to 3 at Stanhope Museum Grounds
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 *Vendors Wanted for Minden West Village Market. In parking lot of Bwana Johns 150 Bobcaygeon Rd, Minden (beside Sears) Weekends starting Canada Day Weekend. Looking for retailers, artisans, trades, food and services of all kinds welcome. Contact: Steve at 705-457-307 or email stephen@bwanajohns.com.
June 28: The Minden Lions sponsored 2013 Music-on-the-Gull outdoor program begins at 7pm; and continues each Friday evening throughout July and August. Music by regional performing artists free to all, bring your own chair to the bridge across the Gull and enjoy.
June 29: St. James Anglican Church Kinmount. Strawberry Social Tea from 4pm-4pm. Cost \$5.00
June 29: Highland Grove Community Center Cold plate Strawberry suppers. 4pm-7pm Adults \$12, children 12 and under \$6
June 29: St.Peter's Church, Maple Lake Salad and Strawberry Supper from 5pm-7pm. Adults \$12, Children 12 & under \$6, Children 4 & under Free
July 2: Minden & District Horticultural Society meeting at 7 P.M. located at the Minden Community Centre. For more info call Cynthia Gilmore 705 488 2165
July 3: OPEN HOUSE for Taoist Tai Chi™ Evening Classes in Haliburton beginning at 6:30 -8:30pm, Haliburton United Church, for more info call 705-457-1909
July 6: Strawberry Salad Supper located at Maple Lake United Church. Reservations only, 2 sittings. Call Merrie 705-754-2258

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Garage Sales

Garage Sales G100

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General Employment A800

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Volunteers A960

HIGHLANDS OPERA STUDIO NEEDS VOLUNTEERS
Highlands Opera Studio is in need of accommodations and tickets for all of the month of August for aspiring professional singers and faculty. They need to be clean, non-smoking, no cats, private three pcs bath, cooking facilities and equipped with dishes etc., free or reasonably priced. We are also in need of an experienced seamstress for the sewing of costumes to begin very soon.

VOLUNTEERS NEEDED FOR COMMITTEES
We are looking for volunteers right away to expand the following committees:
Advertising, Fundraising,
Marketing, Obtaining props, Transportation, and an Information Technologist.
If you are interested in supporting us in these requests, please contact Ron or Nerina Clark at 705-266-3246

Volunteers A960

Minden Health Care Auxiliary Announces NEW GIFT SHOP HOURS
Sunday to Friday (12 pm to 4 pm)
We are located by the Hyland Crest entrance of the hospital. Come check out our new summer items. We have something for everyone!

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IMMEDIATE Need!

YMCA Wanskita Cleaner
40 hours/week
Position to start immediately to the end of October
Please call 705-457-2132 ext 226 for more details

EDUCATION

Notices

Community Services

Coming Events A840

Catch The V.I.B.E. V.B.S.
July 8 - 12
9a.m. - noon
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\$5.00 per child for the week

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Obituaries | In Memoriam | Thanks | Births | Celebrations | More



Deaths

Deaths

HALIBURTON COMMUNITY FUNERAL HOME

Verna Evelyn Draper (Resident of Haliburton, Ontario)
Peacefully at Haliburton Hospital on Thursday afternoon, June 20, 2013 in her 92nd year. Beloved wife of Grenville Draper. Loving mother of Marie (Douglas Ecklund) of Woodville, Lorraine of Haliburton, Albert (Susan) of Ailsa Craig, Nelda (Andrew Sharpless) of King City and Ron (Karen) of Haliburton. Fondly remembered by her grandchildren Andrew, Michael, David, Jacob, Scott, Amanda, Jessica, Ryan, Christopher and by her great grandchildren Chelsea, Deanna, Erik, Ian, Foster, Emily, Owen, Anderson, Rhyserson and Chloe. Predeceased by her sisters Pearl, Alma, Alta and by her brothers Roy and Murray. Also lovingly remembered by her many nieces and nephews. Verna was an active participant with the Royal Canadian Legion Branch #129 and the Ladies Auxiliary Branch #129 and enjoyed her knitting, gardening and especially her family.

Visitation, Funeral Service & Reception
Friends called at the **HALIBURTON COMMUNITY FUNERAL HOME** 13523 Hwy. #118, Haliburton, Ontario (705)457-9209 on Monday morning, June 24, 2013 from 10 o'clock until time of Funeral Service in the Chapel at 11 o'clock. Private interment Ingoldsby Cemetery. As expressions of sympathy, donations to the Haliburton Highlands Health Services Foundation or the Royal Canadian Legion Poppy Fund would be appreciated by the family.

www.communityfuneralhomes.com



Pay your respects... on

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Deaths

HEMPHILL, Evelyn, Joyce, (Scooter) nee Coulson - It is with great sadness that the family of Scooter announce her passing. Born in Kirkland Lake on October 19, 1931 she passed away suddenly on June 17, 2013 in her 81st year. Beloved wife of Ernest James (deceased) survived by her children: Karen (Michael), Susan (David), Michele (Bill deceased), David (Tammy). Grandmother to Ryan (Christina), Mark (Courtney), Christopher (deceased), Maaghan, Leanne, Daniel, Katie, and Sarah. Great-grandmother to Macy, Blake, and Esme. Also survived by her brother Elmer Coulson of Barrie. Scooter spent her career as a medical secretary working at the Hospital for Sick Children and for Dr. Mercer Rang. She and Ernie had many memories of raising their family on Bamber Court in Don Mills. Her children cherish the memories made travelling in the 'blue station wagon'. They moved to the Haliburton Highlands where they made many great friends, volunteered in the community, and supported the 'Loop Troup'. Scooter and her beloved husband, Ernie, moved to Beaverton in 1999 to be closer to family and friends. She enjoyed her retirement spending time with friends and family, extensive travelling with Ernie and frequent trips to Casino Rama. Scooter will be remembered by those who know and loved her for her sense of humour and perseverance. She will be missed greatly by friends in Toronto, Wilberforce, Edengrove and Bon Air. There will be a private family celebration honouring Scooter's life. The family appreciates your thoughts and prayers. In lieu of flowers, donations to the Heart and Stroke Foundation are welcomed. Online condolences are welcomed at www.manganfuneralhome.com

In memoriam

**In Memoriam
Clayton Lynn**
In memory of a wonderful husband,
Dad, Papa, Great Papa, &
Great Great Papa who passed
away two years ago
June 27, 2011

To us, you were someone
very special
Who can never be replaced
Your memory in our daily lives
Can never be erased.
Time cannot steal the
treasured memories
We carry in our hearts.
Or take away the happy years
Of which you were apart.

Missing you and loving you always
Harina, Marilyn, Arlene and families

*The memory we hold is a treasure,
The loss a life time regret
But we who loved you dearly,
Try to think God's will was best.*

Memoriam Verse #6
To remember a loved one with this verse
Call 1-866-541-6757 Today

Deaths



It is with great sadness that the family of **Rudolph Frank Krysko**, announces his passing after a brief illness at Grand River Hospital on Wednesday, June 12, 2013. He was in his 92nd year. Rudy was a long time cottager of Haliburton Lake from 1967 to 1986. Rudy was predeceased by his wife June Witter in November of 1992, his mother Mary Dombrowski in 1933 and his father Michael in October of 1966. Rudy is survived by his five children, Mike and his wife Anne, Pat and late Norm Bohn, Claye and his wife Jackie, Dave and his late wife Wendy and Robyn and her husband Bryan. Rudy has 11 grandchildren and 15 great-grandchildren. During the Second World War Rudy served with the #10 Canadian General Hospital Medical Corps in England, Normandy France and Belgium. He was also a member of the 404 Wing RCAF in Waterloo and the Royal Canadian Legion Branch 530 in Waterloo. Rudy was an employee of Electrohome Limited for 47 years and was also a member of Electrohome's Quarter Century Club and the Retired Employee's Club. He was very active in the Electrohome Employees Credit Union during the 1950's and 1960's and was made a recognized member of the CUNA International Inc. Founders Club for Credit Unions in 1968. Cremation and the service to celebrate Rudy's life has taken place on Sunday June 16, 2013.

Deaths

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Historic building open daily for visitors

Wilberforce

Hilda Clark

448-2018

Canada Day celebrations in Wilberforce will once again take place on the grounds of our National Historic Site. That's the Wilberforce Red Cross Outpost Historic House right in the centre of town. The official start on Monday, July 1 is at 11:30 a.m. when members of Branch 624 Royal Canadian Legion and the Ladies Auxiliary present their colours and the flag is raised. Do plan to arrive a little before that to enjoy the music of Bethany Houghton and Ernie Demuth who will entertain from the front verandah before as well as during the program.

Bring lawn chairs for your group.

Plan to join friends for refreshments on the back lawn by Dark Lake after the initial program. There will again be free cake and ice cream, coffee, tea and cold drinks. Wilberforce Heritage Guild members who are hosting the event will have sandwiches for sale.

The historic building will be open for visitors daily 11 a.m. to 4 p.m. June 29 to Labour Day Saturday. Have a tour while there on July 1.

Watch for posters on other events at the Outpost during the summer and fall.

Swim lessons will be available this summer at Wilberforce, Gooderham and Cardiff here in Highlands East. At the Wilbermere Lake beach session #1 is from July 1 to July 12 and session #2 runs from July 15 to 26 in the

mornings. Usually the lessons are Monday to Friday. Call 745 448 2981 for information or to register.

Students will soon be enjoying a break from their studies. Older ones may have found some employment. Younger ones will have time for play or perhaps be lucky enough for some form of camping, perhaps swimming lessons or special family vacations.

To formally end the school year the Wilberforce Elementary School awards and graduation ceremony will take place on Tuesday, June 25, beginning at 1:45 p.m. at the Lloyd Watson Memorial Centre. The last day of school for students is Wednesday June 26.

Best wishes for students and staff at all our local schools to have a safe and restful vacation.

Come out for some strawberry shortcake June 29

West Guilford

Eleanor Cooper

754-2278

This past week we had the pleasure of a young visitor who had worked on our son Andy's and Kim's property a year ago. Maike (pronounced Michab) Herting from Hemmingen, Germany was on of the students who chose to take a year to travel to a different country between high school days and beginning university, in her case, computer science. Mike spent time on a number of varied farms, working for room and board. A garlic and vine in Quebec was

one, blueberries another, honey-bee acres with a variety of animals enclosed, and here a minimal hours-long job on Abbey Gardens. Maike viewed the wolves at Haliburton Forest, went to Scottish country dancing, listened in on our St. George's choir and on Friday heard "my" band rehearse for Canada Day. An enjoyable experience for us all!

We attended Bethany Houghton's strings recital at St. George's church on June 22 where we heard excellent music from Margaret Milne on the viola as she played Bach's Prelude to the first cello suite in G major - Concerts in C minor-Seitz. Other neighbours in the programme were Beth Johns on violin accompanied by Norris Turner in a fiddling set of four pieces. Paul Irwin on violin played Bach's Gavotte in D

major. Many younger pupils also demonstrated their skills as well, one of whom was Jamie Holden, a granddaughter of Merrill and Merrie Barry.

St. Peter's Anglican Church holds its strawberry shortcake and salad supper on June 29 from 5 to 7 p.m. Adults \$12, under 12 years \$6 and under four free admission.

Wishing better health to Jim O'Brien recovering from broken ribs and now home from hospital, and to Ray Sisson and Bill Marshall who are both in Haliburton hospital at present.


Euchre scores for June 18 - high- Neva Holden and Gerald Hadley. Low - Sandy Poulton and George Milne. Most lone hands - Alice Jones and Darrell O'Neill.

Wildlife in your backyard

Have a great nature shot? Send it to jenn.watt@sunmedia.ca. The bigger the file size the bigger we can print it.




A female merganser floats on the Redstone River in front of Lee-Anne Goodall's house.



HAPPY CANADA DAY 2013
Monday, July 1

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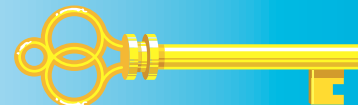
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HALIBURTON LAKE

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PERCY LAKE

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\$538,000



EAGLE LAKE

Traditional Viceroy 3BR cottage on level lot. Fantastic South facing ski hill view. Sand shoreline.

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\$339,000



RIVERFRONT HOME/COTTAGE

Lovely Private Setting 3 BR solid brick bungalow in park-like setting. Sunrm, recrm, fp, garage & more, plus it's on tiny Ted's Lake!

\$299,000



BIG HAWK LAKE

3BR 3 season cottage. Some upgrades. Private natural lot with pretty view. Clean/rocky shoreline. 2 lake chain.

\$298,800



PEACEFUL NO MOTOR LAKE

Charming & warm cedar log cottage/home on 3.5 ac. Big frontage makes this a super private quiet setting. Sunny S/E exposure.

\$298,000



LOG HOME LIVING

Immaculate 2 storey log nestled in the forest just minutes to Haliburton. Garage, gardens, pond, porch & so much more!

\$289,000



SPRUCE LAKE COTTAGE

Private 3 season cottage & bunkie on natural lot. Warm wood interior. Covered deck overlooks quiet bay with abundant wildlife & birds. Shallow sand shoreline, great for kids.

\$289,000



PRETTY, PRIVATE LOCATION

Built 2011, open concept on 4+ acre lot. 3 season sunroom, 2BR, 4pc, garage. MBR w/walkout to large deck. Carnarvon. Quality construction, nicely finished & decorated.

\$288,000



HALIBURTON LAKE

Original 3BR cottage plus Bunkie on South Bay. Level lot & sand beach.

\$278,000



HOME ON 16 ACRES

Well cared for 3BR home on 16 ac makes for a super hobby farm. Landscaped, gardens, Dbl det garage. Unique & appealing!

\$254,350



LITTLE KENNISIS LAKE

Private traditional 3BR cottage. Magnificent view and 126ft, deep shoreline. South exposure, open concept living area with warm feel.

\$249,900



IMMACULATE HOME & GROUNDS

Very tidy, well maintained with 59' of lakefront. 'heat' & 'cool' w/ 3 zone system. MBR w/walkout to all!

\$245,500



HALIBURTON FAMILY HOME

Convenient walk to work & school this makes a great family home. Lots of rooms to go around. Pretty gardens, carport. Great character!

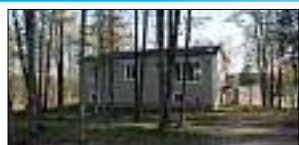
\$218,800



IRONDALE RIVER

Open concept cottage/home. Very scenic riverfront. Pretty gardens.2BR chalet design. Huge deck overlooks river. Separate guest cabin. Swim & canoe for miles!

\$198,900



GLAMOR LAKE ROAD

4BR home in private, peaceful setting. Open concept, walkout basement, FA Oil heat, Hardwood floors.

\$178,800



SKI AREA CHALET

Year round home or cottage will suit many with 2+1BR. Walkout to yard. 2ac lot near skiing, store & beach.

\$174,900



STEPS TO MAPLE LAKE

2 cottages on level lot just a minute away from sand beach. Two 2BR cottages. Keep one/rent one! Great retreat.

\$168,800



FEATURE-FULL HOME

R2000 Home in Gooderham. Bright. Full Bsmt, Insul Dbl Grg, generator & panel, alarm system & more!

\$157,000



TIDY HOME - GELERT ROAD

Renovated 1+1 BR, 5 min from village. Full fin bsmt. Level lot, view of the lake. Ideal starter!

\$128,500



RIVERFRONT HOME OR GETAWAY

Pretty lot of 2.7 ac & 300' on the Redstone River with 2BR mobile home. Near West Guilford on year round road.

\$92,500



HANDYMAN SPECIAL!

4BR home in need of repair. Project with potential for \$\$\$ gain. Walk to school & hospital, Medical Centre. Septic only 6 yrs old.

\$85,000



TURN KEY BUSINESS

Well established hair salon in Haliburton. Repeat clientele & walk in traffic. Laundry, 2 pc bath, kitchen. Equipped & ready to walk in and work!

\$24,500

RE/MAX
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Brokerage
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Thank you to all of our clients
and friends for their support
and generosity at the Minden
Flood Relief Golf Tournament.
It was a huge success!

Linda & Troy

